

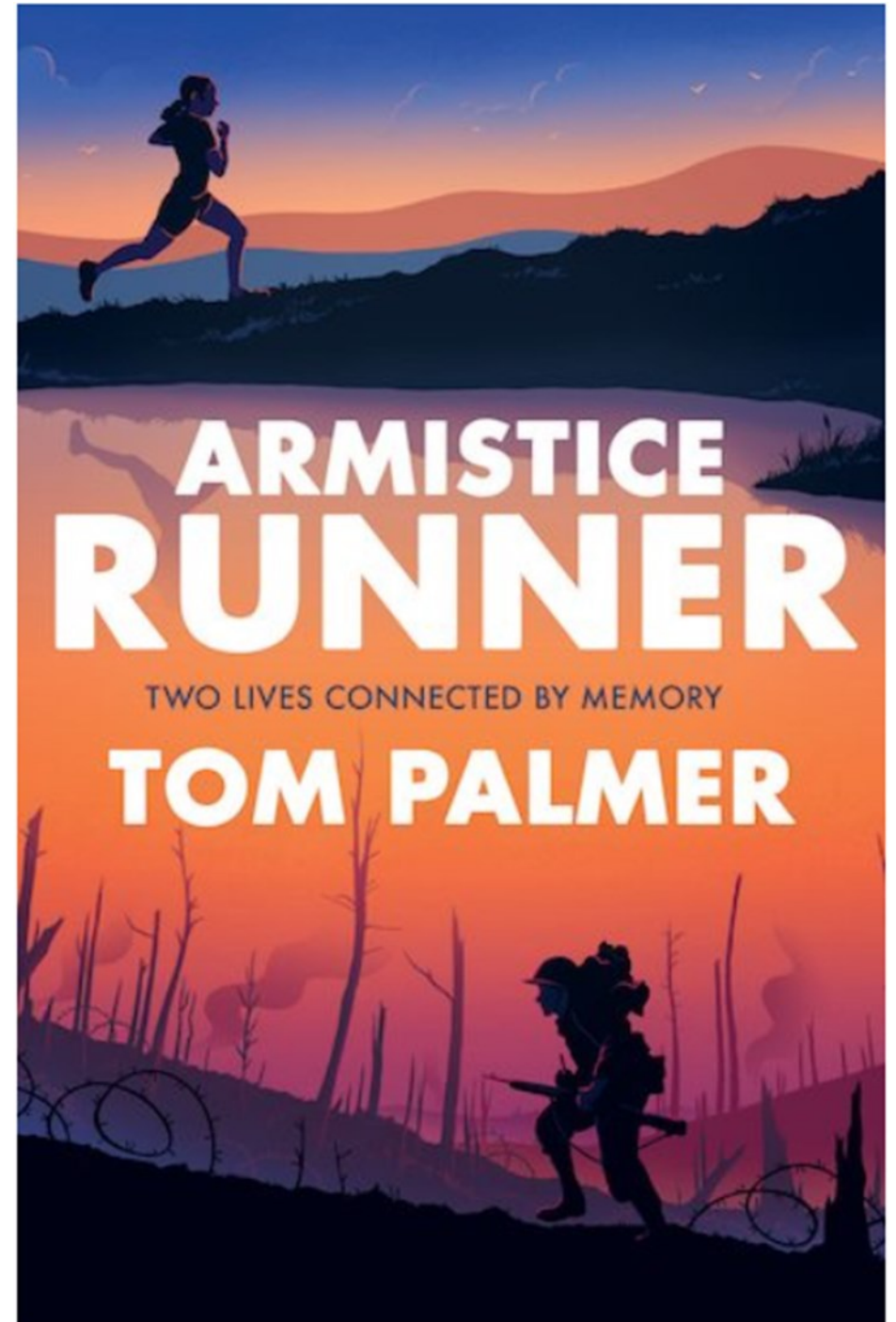
Highlighted words are used again in subsequent chapters. Make these words your focus for learning.

Definitions taken from the Collins Dictionary

www.collinsdictionary.com

Compiled by Denise Forrest

www.framdurham.com



The First World War and the Armistice

The First World War was a conflict on a scale the world had never seen before. It lasted over four years and it is estimated that over 18 million people died, soldiers and civilians, while over 23 million were wounded.

In 1918, when it became clear that they could not win the war, the Germans had to agree to the demands of the Allied leaders of Britain, France and the USA. The war ended with the signing of the Armistice, or peace agreement, in a railway carriage in the French forest of Compiègne. At 11am on 11 November 1918—the eleventh hour of the eleventh month—the guns finally fell silent.

The **Armistice** was signed early in the morning of 11 November. Most soldiers were told quickly by their officers, who had heard via radio, telephone and from runners, that hundreds of thousands of men on both sides would lay down their arms at the same time later that morning. But some were harder to reach, even using runners. As a result, there were several skirmishes and confused firing of shells and bullets even after 11am, leading, sadly, to the deaths of even more young men.

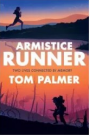
For many, the war would never be over. The horrific things that they had seen would live on in their minds for ever. A whole generation of young men had been lost and their families left to grieve.

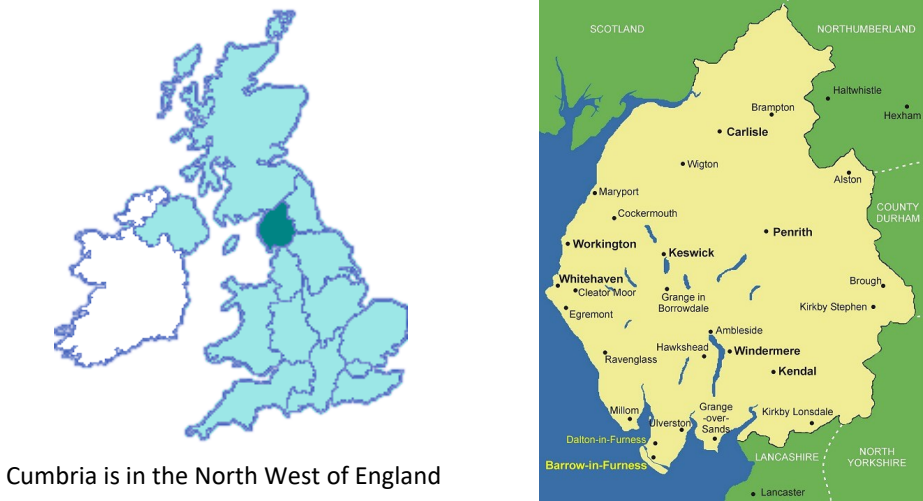
In most towns and villages in the UK, there are memorials to those who died. Dur-



ing my research, I have also visited the graveyards in France and Belgium. As you travel across what is now beautiful countryside, it seems there are endless cemeteries, each with hundreds or thousands of bodies laid to rest. The cemeteries are confusing places. On the one hand, you feel horrified by the number of perfectly tended graves; on the other, you are inspired by how they are remembered in this way over a century later.

The First World War was supposed to be the war to end all wars, but only twenty-one years later, after the rise of Hitler in Germany, the world would find itself caught up in another horrific conflict.

	<h1>TWENTY-FIVE</h1>
buckled	If your legs or knees buckle , they bend because they have become very weak or tired.
carnage	Carnage is the violent killing of large numbers of people, especially in a war.
generations	A generation is the period of time, usually considered to be about thirty years, that it takes for children to grow up and become adults and have children of their own.
gnarled	A gnarled tree is twisted and strangely shaped because it is old.
gullies	A gully is a long narrow valley with steep sides.
initial	You use initial to describe something that happens at the beginning of a process.
jostling	If people jostle you, they bump against you or push you in a way that annoys you, usually because you are in a crowd and they are trying to get past you.
legendary	If you describe someone or something as legendary , you mean that they are very famous and that many stories are told about them.
marshal	A marshal is an official who helps to supervise a public event, especially a sports event.
scored	If you score a surface with something sharp, you cut a line or number of lines in it.
urging	If you urge someone to do something, you try hard to persuade them to do it.



Cumbria is in the North West of England

Places	
Cumbria	A county in the North West of England
Lake District (Lakeland)	A mountainous region in Cumbria, famous for its lakes, forests and mountains (<i>or fells</i>)
Carlisle	The largest town in Cumbria
Keswick, Kendal, Windermere	Lakeland towns
Sedbergh School	Boarding school near Kendal
English Channel	The sea dividing England from France and mainland Europe
Boulogne	French port and town



Alzheimer's Disease

Dementia is the name for a set of symptoms that includes memory loss and difficulties with thinking, problem-solving or language. Dementia develops when the brain is damaged by diseases, including Alzheimer's disease. Alzheimer's disease is a physical disease that affects the brain. It is named after Alois Alzheimer, the doctor who first described it.



The symptoms of Alzheimer's disease are generally mild to start with, but as more brain cells are damaged over time the symptoms get worse and start to interfere with a person's day-to-day life. There are some common symptoms of Alzheimer's disease, but no one's experience will be exactly the same as anyone else's.

For most people, the first signs of Alzheimer's are problems with their memory – in particular, difficulties recalling recent events and learning new information. However, the person's memory for events that happened a long time ago is not usually affected in the early stages.

As well as memory difficulties, people with Alzheimer's are also likely to have – or go on to develop – other problems. These include problems with thinking, reasoning, language or perception such as:

- speech – they may repeat themselves or struggle to follow a conversation
- seeing things in three dimensions and judging distances (visuospatial skills) – going up or down stairs or parking the car might become much harder
- concentrating, planning or organising – they may struggle with making decisions, solving problems or carrying out a sequence of tasks (such as cooking a meal)
- orientation – they may become confused or lose track of the day or date.

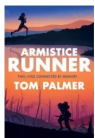
A person in the earlier stages of Alzheimer's will often have changes in their mood. They may become anxious, depressed or more easily annoyed. These changes can be challenging for both the person with dementia and those close to them to live with.

More than 520,000 people in the UK have dementia caused by Alzheimer's disease and this figure is set to rise.



TWENTY-FOUR

crooked	If you describe something as crooked , especially something that is usually straight, you mean that it is bent or twisted.
honourable	If you describe people or actions as honourable , you mean that they are good and deserve to be respected and admired.
option	An option is something that you can choose to do in preference to one or more alternatives.
prayer	A prayer is the words a person says when they speak to God.
registered	If a piece of information does not register or if you do not register it, you do not really pay attention to it, and so you do not remember it or react to it.
survived	If a person or living thing survives in a dangerous situation such as an accident or an illness, they do not die.



TWENTY-THREE

bared	If you bare something, you uncover it and show it.
bayonet	A bayonet is a long, sharp blade that can be fixed to the end of a rifle and used as a weapon.
embraced	If you embrace someone, you put your arms around them and hold them tightly, usually in order to show your love or affection for them.
intense	If you describe the way someone looks at you as intense , you mean that they look at you very directly and seem to know what you are thinking or feeling.
intervened	If you intervene in a situation, you become involved in it and try to change it.
mingled	If things such as sounds, smells, or feelings mingle , they become mixed together but are usually still recognizable.



Il est un garçon

La guerre est finie à onze heures

Oui

D'accord



München



He is a boy

The war is finished at eleven o'clock

Yes

Okay

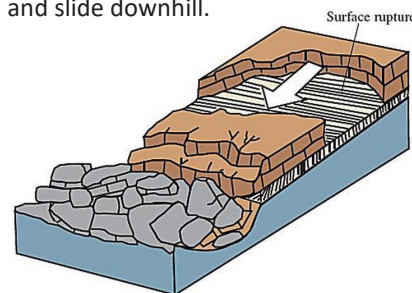


Munich

Geographical terms

Landslide

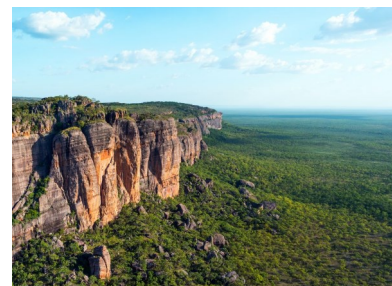
A **landslide** or **landslip** occurs when large blocks of rock become detached and slide downhill.



Escarpment

An **escarpment** is an area of the Earth where elevation changes suddenly. Escarpment usually refers to the bottom of a cliff or a steep slope. (Scarp refers to the cliff itself.)

Escarpments separate two level land surfaces. An escarpment also usually indicates two different types of land, such as the area on a rocky beach where tall cliffs become rocky sand.



Scree

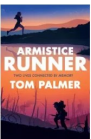
Scree is a collection of broken rock fragments at the base of crags, mountain cliffs, volcanoes or valley shoulders that has accumulated through periodic rockfall from adjacent cliff faces.



Glacier

Glaciers are made up of fallen snow that, over many years, compresses into large, thickened ice masses. Glaciers form when snow remains in one location long enough to transform into ice. What makes glaciers unique is their ability to flow. Due to sheer mass, glaciers flow like very slow rivers.



	ONE
accelerated	If something accelerates it gets faster and faster.
boggy	Boggy land is very wet and muddy land.
crosswind	A crosswind is a strong wind that blows across the direction that vehicles, boats, or aircraft are travelling in, and that makes it difficult for them to keep moving steadily forward.
eased	If you ease your way somewhere, you move there slowly, carefully, and gently.
exposed	To expose something that is usually hidden means to uncover it so that it can be seen.
falter	If you falter , you lose your confidence and stop doing something or start making mistakes.
fell	A mountain, hill, or tract of upland moor in Northern England or Scotland.
fury	Fury is violent or very strong anger.
interfered	Something that interferes with a situation, activity, or process has a damaging effect on it.
numbing	If an event or experience numbs you, you can no longer think clearly or feel any emotion.
ripple	When the wind ripples plants or trees or when they ripple , they move in a wave-like motion.
rival	Your rival is a person, business, or organization who you are competing or fighting against in the same area or for the same things.
scowl	When someone scowls , an angry or hostile expression appears on their face.
striking	If you are within striking distance of something, it is quite near, so it could be reached or achieved quite easily.
sullen	Someone who is sullen is bad-tempered and does not speak much.
unhinged	If you describe someone's behaviour or performance as unhinged , you are critical of it because it seems wild and uncontrollable.
water-logged	Something such as soil or land that is waterlogged is so wet that it cannot absorb any more water, so that a layer of water remains on its surface.

remorse	Remorse is a strong feeling of sadness and regret about something wrong that you have done.
ruddle	When a building is destroyed, the pieces of brick, stone, or other materials that remain are referred to as ruddle .
strewn	If a place is strewn with things, they are lying scattered there.
unspent	Something that is unspent is not completely used up.
vagrants	A vagrant is someone who moves a lot from place to place because they have no permanent home or job, and have to ask for or steal things in order to live.
worship	If you worship a god, you show your respect to the god, for example, by saying prayers. Coming together with other believers is an act of worship .

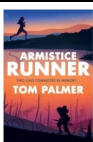


crevasse



louse

	
La guerre est finie.	The war is finished.
Le garçon	The boy
Soldat	Soldier



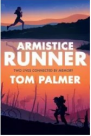
TWENTY-TWO


barricades	A barricade is a line of vehicles or other objects placed across a road or open space to stop people getting past, for example during street fighting or as a protest.
bedraggled	Someone or something that is bedraggled looks untidy because they have got wet or dirty.
blotches	A blotch is a small unpleasant-looking area of colour, for example on someone's skin.
bound	If you bind something or someone, you tie rope, string, tape, or other material around them so that they are held firmly.
brazier	A brazier is a large metal container in which coal or charcoal is burned to keep people warm when they are outside in cold weather, for example because of their work.
canyon	A canyon is a long, narrow valley with very steep sides.
cellar	A cellar is a room underneath a building, which is often used for storing things in.
charred	Charred plants, buildings, or vehicles have been badly burnt and have become black because of fire.
civilians	In a military situation, a civilian is anyone who is not a member of the armed forces.
cowering	If you cower , you bend forward and downwards because you are very frightened.
crevasse	A crevasse is a large, deep crack in thick ice or rock.
emerged	To emerge means to come out from an enclosed or dark space such as a room or a vehicle, or from a position where you could not be seen.
execution	To execute someone means to kill them as a punishment for a serious crime.
infested	When creatures such as insects or rats infest plants or a place, they are present in large numbers and cause damage.
lice	Lice are small insects that live on the bodies of people or animals and bite them in order to feed off their blood.
nervy	If someone is nervy , their behaviour shows that they are very tense or anxious, or they are the type of person who is easily upset.

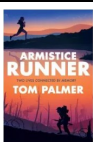


windmill

A **windmill** is a structure that converts wind power into rotational energy by means of vanes called sails or blades, specifically to mill grain.

	TWO
Alzheimer's	Alzheimer's disease is the most common cause of dementia. The symptoms of Alzheimer's disease are generally mild to start with, but they get worse over time and start to interfere with daily life.
anxiety	Anxiety is a feeling of nervousness or worry.
bloodshot	If your eyes are bloodshot , the parts that are usually white are red or pink. Your eyes can be bloodshot for a variety of reasons, for example because you are tired or you have drunk too much alcohol.
boulders	A boulder is a large rounded rock.
deflated	If you deflate someone or something, you take away their confidence or make them seem less important.
dry-stone walls	A dry-stone wall is a wall that has been built by fitting stones together without using any cement.
dual carriage-way	A dual carriageway is a road which usually has two lanes of traffic travelling in each direction with a strip of grass or concrete down the middle to separate the two lots of traffic.
over-reacting	If you say that someone overreacts to something, you mean that they have and show more of an emotion than is necessary or appropriate.
pane	A pane of glass is a flat sheet of glass in a window or door.
patchwork	If you refer to something as a patchwork , you mean that it is made up of many different parts, pieces or colours.
sarcastic	Someone who is sarcastic says or does the opposite of what they really mean in order to mock or insult someone.
scoffed	If you scoff at something, you speak about it in a way that shows you think it is ridiculous or inadequate.
slumped	If you slump somewhere, you fall or sit down there heavily, for example because you are very tired or you feel ill.
sniggered	If someone sniggers , they laugh quietly in a disrespectful way, for example at something rude or unkind.
steamer	A steamer is a ship that has an engine powered by steam.
vast	Something that is vast is extremely large.
vegetation	Plants, trees, and flowers can be referred to as vegetation .

	TWENTY-ONE
avenge	If you avenge a wrong or harmful act, you hurt or punish the person who is responsible for it.
critical	A critical time, factor, or situation is extremely important.
escarpment	An escarpment is a wide, steep slope on a hill or mountain.
futile	If you say that something is futile , you mean there is no point in doing it, usually because it has no chance of succeeding.
gaunt	If someone looks gaunt , they look very thin, usually because they have been very ill or worried.
grim	If a person or their behaviour is grim , they are very serious, usually because they are worried about something.
logic	Logic is a method of reasoning that involves a series of statements, each of which must be true if the statement before it is true.
protocol	Protocol is a system of rules about the correct way to act in formal situations.
stretcher-bearer	A stretcher-bearer is a person who helps to carry a stretcher, esp in wartime
Tommies	A Tommy is a private in the British Army.
triangulate	When you triangulate a position, you use two known points to work out the position of a third, unknown point.
unconscious	Someone who is unconscious is in a state similar to sleep, usually as the result of a serious injury or a lack of oxygen.
visible	If something is visible , it can be seen.
wintry	Wintry weather is cold and has features that are typical of winter.



TWENTY

attend	If you attend to something, you deal with it. If you attend to someone who is hurt or injured, you care for them.
ceasefire	A ceasefire is an arrangement in which countries or groups of people that are fighting each other agree to stop fighting.
corporal	A corporal is a non-commissioned officer in the army or United States Marines.
crimson	Something that is crimson is deep red in colour.
dam	A dam is a wall that is built across a river in order to stop the water flowing and to make a lake.
intended	If you intend to do something, you have decided or planned to do it.
occur	If a thought or idea occurs to you, you suddenly think of it or realize it.
overwhelming	If something is overwhelming , it affects you very strongly, and you do not know how to deal with it.
possessed	If a feeling or belief possesses you, it strongly influences your thinking or behaviour.
rasping	If someone rasps , their voice or breathing is harsh and unpleasant to listen to.
slaughtered	If large numbers of people or animals are slaughtered , they are killed in a way that is cruel or unnecessary.
tending	If you tend someone or something, you do what is necessary to keep them in a good condition or to improve their condition.
timber	Timber is wood that is used for building houses and making furniture.
valuable	If you describe something or someone as valuable , you mean that they are very useful and helpful. Valuable objects are objects which are worth a lot of money.
vibrating	If something vibrates , it shakes with repeated small, quick movements.
vicious	A vicious person or a vicious blow is violent and cruel.
vision	If you have a vision of someone in a particular situation, you imagine them in that situation, for example because you are worried that it might happen, or hope that it will happen.
wuthering	You can use wuthering to describe a wind blowing forcefully with a roaring sound.



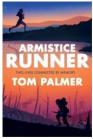
dry stone wall



patchwork fields



steamer



THREE

announced	If you announce a piece of news or an intention, you say it loudly and clearly, so that everyone you are with can hear it.
attempts	If you make an attempt to do something, you try to do it, often without success.
century	A century is any period of a hundred years.
conversation	If you have a conversation with someone, you talk with them, usually in an informal situation.
decades	A decade is a period of ten years.
distress	Distress is a state of extreme sorrow, suffering, or pain.
encourage	If you encourage someone, you give them confidence, for example by letting them know that what they are doing is good and telling them that they should continue to do it.
fierce	A fierce animal or person is very aggressive or angry.
fit as a fiddle	Someone who is as fit as a fiddle is very healthy and full of energy.
gleamed	If an object or a surface gleams , it reflects light because it is shiny and clean.
hearth	The hearth is the floor of a fireplace, which sometimes extends into the room.
hesitated	If you hesitate , you do not speak or act for a short time, usually because you are uncertain, embarrassed, or worried about what you are going to say or do.
injured	If you injure a person or animal, you damage some part of their body.
insisted	If you insist that something is the case, you say so very firmly and refuse to say otherwise, even though other people do not believe you.
log book	A log book is a book in which someone records details and events relating to something, for example a journey or period of their life, or a vehicle.
rebuked	If you rebuke someone, you speak severely to them because they have said or done something that you do not approve of.
tinder	Tinder consists of small pieces of something dry, especially wood or grass, that burns easily and can be used for lighting a fire.



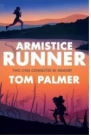
Volunteer mountain rescue team members are on call, 24 hours a day, 365 days a year to recover climbers from precipitous crags, reunite lost walkers with their pals and ensure injured and sick casualties are safely delivered into vital hospital care.

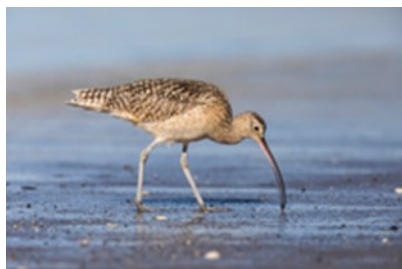
But they also regularly help search for missing children and vulnerable adults, on and off the hills, whilst administering sympathetic support to their families. They search river banks and swift water, and wade chest-deep through flooded urban streets aiding swimmers, kayakers and devastated homeowners.

And, between them, they rescue a frankly stunning number of dogs, cows, sheep and any number of other animals, from all manner of inaccessible places.

All this whilst continuing to practise and hone their first aid skills, technical ropework, water rescue and search management, and maintaining their bases, equipment and vehicles – not to mention taking time to maintain their own fitness.

www.mountain.rescue.org.uk

	<h1 style="text-align: center;">NINETEEN</h1>
adrenaline	Adrenaline is a hormone that is produced in response to stress which increases heart rate, pulse rate, and blood pressure.
bleak	If a situation is bleak , it is bad, and seems unlikely to improve.
clamoured	If people are clamouring for something, they are demanding it in a noisy or angry way.
conserve	If you conserve a supply of something, you use it carefully so that it lasts for a long time.
curlew	A curlew is a large brown bird with long legs and a long curved beak. Curlews live near water and have a very distinctive cry.
diminished	When something diminishes , it becomes reduced in size, importance or intensity.
flinching	If you flinch , you make a small sudden movement, especially when something surprises you or hurts you.
flitting	If you flit around or flit between one place and another, you go to lots of places without staying for very long in any of them.
fury	Fury is violent or very strong anger.
lectures	If someone lectures you about something, they criticize you or tell you how they think you should behave.
pitted	If the surface of something is pitted , it is covered with a lot of small, shallow holes.
predicted	If you predict an event, you say that it will happen.
squad	A squad is a section of a police force that is responsible for dealing with a particular type of crime.



curlew

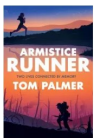
trenches	A trench is a long narrow channel in the ground used by soldiers in order to protect themselves from the enemy.
weary	If you are weary , you are very tired.



hearth



trenches



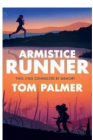
FOUR

Armistice	An armistice is an agreement between countries who are at war with one another to stop fighting and to discuss ways of making peace.
barrage	A barrage is continuous firing on an area with large guns and tanks.
bound	If you bind something or someone, you tie rope, string, tape, or other material around them so that they are held firmly.
brink	If you are on the brink of something, usually something important, terrible, or exciting, you are just about to do it or experience it.
cartridges	A cartridge is a metal or cardboard tube containing a bullet and an explosive substance. Cartridges are used in guns.
catch	A catch on a window, door, or container is a device that fastens it.
clenched	When you clench your teeth, you squeeze your teeth together firmly, usually because you are angry or upset.
clippings	A clipping is an article, picture, or advertisement that has been cut from a newspaper or magazine.
content	If you are content , you are fairly happy or satisfied.
contents	If you refer to the contents of something such as a book, speech, or television programme, you are referring to the subject that it deals with, the story that it tells, or the ideas that it expresses.
cord	Cord is strong, thick string.
dull	A dull colour or light is not bright.
dubbin	A greasy mixture of tallow and oil applied to leather to soften it and make it waterproof.
frayed	If something such as cloth or rope frays , its threads or fibres start to come apart from each other and spoil its appearance.
hinges	A hinge is a piece of metal, wood, or plastic that is used to join a door to its frame or to join two things together so that one of them can swing freely.
leafed	If you leaf through something such as a book or magazine, you turn the pages without reading or looking at them very carefully.

intercourse	Social intercourse is communication between people as they spend time together.
keen	If you are keen that something should happen, you very much want it to happen.
lieutenant	A lieutenant is an officer of low rank in the army, navy, marines, or air force.
major	A major is an officer of middle rank in the British army or the United States army, air force, or marines.
miracle	If you say that a good event is a miracle , you mean that it is very surprising and unexpected.
ploughs	A plough is a large farming tool with sharp blades which is pulled across the soil to turn it over, usually before seeds are planted.
relish	If you relish something, you get a lot of enjoyment from it.
reveal	If you reveal something that has been out of sight, you uncover it so that people can see it.
snipers	A sniper is someone who shoots at people from a hidden position.
tricolour	A tricolour is a flag which is made up of blocks of three different colours, such as the French flag.
waging	If a person, group, or country wages a campaign or a war, they start it and continue it over a period of time.



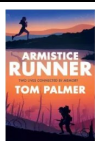
tricolour



EIGHTEEN

abandoned	If you abandon a place, thing, or person, you leave the place, thing, or person permanently or for a long time, especially when you should not do so.
artillery	Artillery consists of large, powerful guns which are transported on wheels and used by an army.
beeline	If you make a beeline for a place, you go to it as quickly and directly as possible.
booby-trap	A booby-trap is something such as a bomb which is hidden or disguised and which causes death or injury when it is touched.
catastrophe	A catastrophe is an unexpected event that causes great suffering or damage.
cease	If something ceases , it stops happening or existing.
chapel	A chapel is a small church.
chaos	Chaos is a state of complete disorder and confusion.
debris	Debris is pieces from something that has been destroyed or pieces of rubbish or unwanted material that are spread around.
denied	If you deny someone something that they need or want, you refuse to let them have it.
felling	If trees are felled , they are cut down.
gnaw	If a feeling or thought gnaws at you, it causes you to keep worrying.
haze	If there is a haze of something such as smoke or steam, you cannot see clearly through it.
hostilities	You can refer to fighting between two countries or groups who are at war as hostilities .
immaculate	If you describe something as immaculate , you mean that it is extremely clean, tidy, or neat.
incidents	An incident is something that happens, often something that is unpleasant.
inform	If you inform someone of something, you tell them about it.
intact	Something that is intact is complete and has not been damaged or changed.

limp	If you describe something as limp , you mean that it is soft or weak when it should be firm or strong.
mortars	A mortar is a big gun which fires missiles high into the air over a short distance.
motes	A speck of dust or other tiny particle.
musty	Something that is musty smells old and damp.
pale	If something is pale , it is very light in colour or almost white.
precious	If something is precious to you, you regard it as important and do not want to lose it.
relentless	Something bad that is relentless never stops or never becomes less intense.
routes	A route is a way from one place to another.
shaft	A shaft of light is a beam of light, for example sunlight shining through an opening.
sole	The sole of your foot or of a shoe or sock is the underneath surface of it.
stencilled	If you stencil a surface with a design, you put a design on a surface using a stencil.
studs	Studs are small round objects attached to the bottom of boots, especially sports boots, so that the person wearing them does not slip.
supple	A supple object or material bends or changes shape easily without cracking or breaking.
teetering	Teeter is used in expressions such as teeter on the brink and teeter on the edge to emphasize that something seems to be in a very unstable situation or position.
thronged	When people throng somewhere, they go there in great numbers.
velvet	Velvet is soft material made from cotton, silk, or nylon, which has a thick layer of short cut threads on one side.



FIVE

barely	You use barely to say that something is only just true or only just the case.
dabbed	If you dab something, you touch it several times using quick, light movements.
lapping	When water laps against something such as the shore or the side of a boat, it touches it gently and makes a soft sound.
mutter	If you mutter , you speak very quietly so that you cannot easily be heard, often because you are complaining about something.
occupied	If something occupies you, your time, or your mind with it, you are busy doing that thing or thinking about it.
pinpricked	A very small spot of something can be described as a pinprick .
reassure	If you reassure someone, you say or do things to make them stop worrying about something.
reflected	When you reflect on something, you think deeply about it.
ritual	A ritual is a way of behaving or a series of actions which people regularly carry out in a particular situation, because it is their custom to do so.
shore	The shore of a sea, lake, or wide river is the land along the edge of it.
sturdy	Someone or something that is sturdy looks strong and is unlikely to be easily injured or damaged.



SEVENTEEN

abattoir	An abattoir is a place where animals are killed in order to provide meat.
ample	If there is an ample amount of something, there is enough of it and usually some extra.
beams	A beam is a long thick bar of wood, metal, or concrete, especially one used to support the roof of a building.
cautious	If you describe someone's attitude or reaction as cautious , you mean that it is limited or careful.
funk hole	In military terms, a funk hole is a dugout; a shelter made by digging a hole in the ground and then covering it or tunnelling so that the shelter has a roof over it.
infested	If you say that people or things you disapprove of or regard as dangerous are infesting a place, you mean that there are large numbers of them in that place.
intruding	If something intrudes on your mood or your life, it disturbs it or has an unwanted effect on it.
ledger	A ledger is a book in which a company or organization writes down the amounts of money it spends and receives.
makeshift	Makeshift things are temporary and usually of poor quality, but they are used because there is nothing better available.
persisted	If you persist in doing something, you continue to do it, even though it is difficult or other people are against it.
planks	A plank is a long, flat, rectangular piece of wood.
prolific	A prolific writer, artist, or composer produces a large number of works.
prying	If someone pries , they try to find out about someone else's private affairs, or look at their personal possessions.
singled	If you single someone out from a group, you choose them and give them special attention or treatment.
supply	A supply of something is an amount of it which someone has or which is available for them to use.
tame	If you say that something or someone is tame , you are criticizing them for being weak and uninteresting, rather than forceful or shocking.
wilderness	A wilderness is a desert or other area of natural land which is not used by people.

The **Lakeland Poets** were a group of English poets who all lived in the Lake District of England, United Kingdom, in the first half of the nineteenth century. The "Lake Poet School" was initially a derogatory term. The three main figures of what has become known as the Lakes School were William Wordsworth, Samuel Taylor Coleridge (known for works such as "The Rime of the Ancient Mariner" and "Kubla Khan"), and Robert Southey.

Daffodils

I wander'd lonely as a cloud
That floats on high o'er vales and hills,
When all at once I saw a crowd,
A host of golden daffodils,
Beside the lake, beneath the trees
Fluttering and dancing in the breeze.

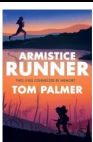
Continuous as the stars that shine
And twinkle on the milky way,
They stretch'd in never-ending line
Along the margin of a bay:
Ten thousand saw I at a glance
Tossing their heads in sprightly dance.

The waves beside them danced, but they
Out-did the sparkling waves in glee: -
A poet could not but be gay
In such a jocund company!
I gazed - and gazed - but little thought
What wealth the show to me had brought.

For oft, when on my couch I lie
In vacant or in pensive mood,
They flash upon that inward eye
Which is the bliss of solitude;
And then my heart with pleasure fills
And dances with the daffodils.

William Wordsworth





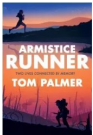
SIX

ascend	If you ascend a hill or staircase, you go up it.
battalion	A battalion is a large group of soldiers that consists of three or more companies.
beck	In North West England a stream, especially a swiftly flowing one, is called a beck .
black pudding	Black pudding is a thick sausage which has a black skin and is made from pork fat and pig's blood.
cluster	A cluster of people or things is a small group of them close together.
cranked	To crank something up means to increase it or make it more intense.
cursed	If you curse , you use rude or offensive language, usually because you are angry about something.
descend	If you descend , you move downwards from a higher to a lower level.
errands	An errand is a short trip that you make in order to do a job for someone, for example when you go to a shop to buy something for them.
fanciful	If you describe an idea as fanciful , you disapprove of it because you think it comes from someone's imagination, and is therefore unrealistic or unlikely to be true.
glance	If you glance at something or someone, you look at them very quickly and then look away again immediately.
grocer	A grocer is a shopkeeper who sells foods such as flour, sugar, and tinned foods.
hardware	Hardware refers to tools and equipment that are used in the home and garden, for example saucepans, screwdrivers, and lawnmowers.
hero	A hero is someone, especially a man, who has done something brave, new, or good, and who is therefore greatly admired by a lot of people.
invade	To invade a country means to enter it by force with an army.



SIXTEEN

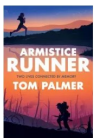
adjusting	If you adjust something, you change it so that it is more effective or appropriate.
ammunition	Ammunition is bullets and rockets that are made to be fired from guns.
coiled	Coiled means in the form of a series of loops.
dugout	A dugout is a shelter made by digging a hole in the ground and then covering it or tunnelling so that the shelter has a roof over it.
enthused	If you enthuse about something, you talk about it in a way that shows how excited you are about it.
horrific	If you describe a physical attack, accident, or injury as horrific , you mean that it is very bad, so that people are shocked when they see it or think about it.
landscape	The landscape is everything you can see when you look across an area of land, including hills, rivers, buildings, trees, and plants.
landslip	A landslip is a small movement of soil and rocks down a slope.
melancholy	If someone feels or looks melancholy , they feel or look very sad.
No man's land	No-man's land is an area of land that is not owned or controlled by anyone, for example the area of land between two opposing armies.
rationing	When something is rationed , you are only allowed to have a limited amount of it, usually because there is not enough of it.
reconnaissance	Reconnaissance is the activity of obtaining military information about a place by sending soldiers or planes there, or by the use of satellites.
reconnoitre	To reconnoitre an area means to obtain information about its geographical features or about the size and position of an army there.
reinforcements	Reinforcements are soldiers or police officers who are sent to join an army or group of police in order to make it stronger.
volume	A volume is a book.

	<h1>FIFTEEN</h1>
assumed	If you assume that something is true, you imagine that it is true, sometimes wrongly.
levered	If you lever something in a particular direction, you move it there, especially by using a lot of effort.

maul	In rugby, a contest between the two packs of forwards to gain control of the ball when it is held by a standing player is known as a maul .
measured	You use measured to describe something that is careful and deliberate.
passenger	A passenger in a vehicle such as a bus, boat, or plane is a person who is travelling in it, but who is not driving it or working on it. Passenger is used to describe something that is designed for passengers, rather than for drivers or goods.
prop	In rugby, a prop or prop forward is one of the two players who position themselves in the front row when a group called a scrum is formed.
Scouts	The Boy Scouts were founded in England in 1908 by Lord Baden-Powell with the aim of developing character and responsibility. Now a worldwide movement for boys (and in some countries girls) called the Scout Association.
shallows	A shallow area of water measures only a short distance from the top to the bottom.
sketch	If you sketch something, you make a quick, rough drawing of it.
skimmed	If you skim a piece of writing, you read through it quickly.
tarns	A tarn is a small lake in an area of mountains.
torpedoed	A torpedo is bomb that is shaped like a tube and that travels under water. If a ship is torpedoed , it is hit, and usually sunk, by a torpedo.
U-boats	A German submarine, especially in World Wars I and II.
uneasy	If you are uneasy , you feel anxious, afraid, or embarrassed, because you think that something is wrong or that there is danger.



By 1914 Robert Baden-Powell's Scout Movement had been in existence for six years. Wide spread membership meant many boys and young men had gained a range of useful skills from field-craft and camp cooking to signalling and sailing; skills which as the First World War broke out would be put to very practical use in supporting the Coastguard and working on the land.



SEVEN

affection	If you regard someone or something with affection , you like them and are fond of them.
bracken	Bracken is a large plant with leaves that are divided into many thin sections. It grows on hills and in woods.
bunting	Bunting consists of rows of small coloured flags that are used to decorate streets and buildings on special occasions.
comfort	If you comfort someone, you make them feel less worried, unhappy, or upset, for example by saying kind things to them.
conscripted	If someone is conscripted , they are officially made to join the armed forces of a country.
delicate	If something is delicate , it is easy to harm, damage, or break, and needs to be handled or treated carefully.
descent	A descent is a surface that slopes downwards, for example the side of a steep hill.
enclosed	If you enclose something with a letter, you put it in the same envelope as the letter.
faded	When a coloured object fades or when the light fades it, it gradually becomes paler.
gain	To gain something such as weight or speed means to have an increase in that particular thing.
glimpse	If you get a glimpse of someone or something, you see them very briefly and not very well.
headboard	A headboard is an upright board at the end of a bed where you lay your head.
hostile	If you are hostile to another person or an idea, you disagree with them or disapprove of them, often showing this in your behaviour.
recce	If you recce an area, you visit that place in order to become familiar with it. People usually recce an area when they are going to return at a later time to do something there.
regiment	A regiment is a large group of soldiers that is commanded by a colonel.
sympathy	If you have sympathy for someone who is in a bad situation, you are sorry for them, and show this in the way you behave towards them.

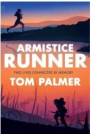
sorties	A sortie is a brief trip away from your home base, especially a trip to an unfamiliar place.
translate	If one thing translates into another, the second happens or is done as a result of the first.



crater



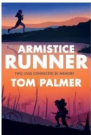
entrenching tool

	<h1>FOURTEEN</h1>
adjust	When you adjust to a new situation, you get used to it by changing your behaviour or your ideas.
advance	To advance means to move forward, often in order to attack someone.
amid	If something happens amid noises or events of some kind, it happens while the other things are happening.
attentive	If you are attentive , you are paying close attention to what is being said or done.
bunker	A bunker is a place, usually underground, that has been built with strong walls to protect it against heavy gunfire and bombing.
collapsed	If a building or other structure collapses , it falls down very suddenly.
craters	A crater is a very large hole in the ground, which has been caused by something hitting it or by an explosion.
entrenching tool	A tool used to dig a trench.
HQ	HQ is an abbreviation for headquarters. The headquarters of an organization are its main offices.
memorised	If you memorize something, you learn it so that you can remember it exactly.
mow	If someone is mown down , they are killed violently by a vehicle or gunfire.
ogre	In legends and fairy stories, an ogre is a large, cruel, frightening man who often eats people.
resist	If you resist doing something, or resist the temptation to do it, you stop yourself from doing it although you would like to do it.
retreat	When an army retreats , it moves away from enemy forces in order to avoid fighting them.
scanned	When you scan written material, you look through it quickly in order to find important or interesting information.
sentry	A sentry is a soldier who guards a camp or a building.
shudder	If something such as a machine or vehicle shudders , it shakes suddenly and violently.

transparent	If an object or substance is transparent , you can see through it.
vault	If you vault something or vault over it, you jump quickly onto or over it, especially by putting a hand on top of it to help you balance while you jump.



bracken

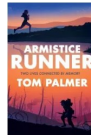
	<h1>EIGHT</h1>
barrel	A barrel is a large, round container for liquids or food.
briskness	Someone who is brisk behaves in a busy, confident way which shows that they want to get things done quickly.
Cumbrian	You use Cumbrian to relate to Cumbria or its inhabitants
eager	If you are eager to do or have something, you want to do or have it very much.
gratitude	Gratitude is the state of feeling grateful.
grief	Grief is a feeling of extreme sadness.
picket fence	A picket fence is a fence made of pointed wooden sticks fixed into the ground, with pieces of wood nailed across them.
pitiful	Someone or something that is pitiful is so sad, weak, or small that you feel pity for them.
relief	If you feel a sense of relief , you feel happy because something unpleasant has not happened or is no longer happening.
rigid	If someone goes rigid , their body becomes very straight and stiff, usually as a result of shock or fear.
scheduled	If something is scheduled to happen at a particular time, arrangements are made for it to happen at that time.
sinewy	Someone who is sinewy has a lean body with strong muscles.
squinting	If you squint at something, you look at it with your eyes partly closed.
Sunday best	If you are in your Sunday best , you are wearing your best clothes, which you only wear for special occasions.
telegram	A telegram is a message that is sent electronically and then printed and delivered to someone's home or office. In the past, telegrams were sent by telegraph.
trunk	A trunk is a large, strong case or box used for storing things or for taking on a journey.

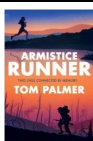


picket fence



trunk

	<h1>THIRTEEN</h1>
avenge	If you avenge a wrong or harmful act, you hurt or punish the person who is responsible for it.
ceaselessly	If something, often something unpleasant, is ceaseless , it continues for a long time without stopping or changing.
leave	Leave is a period of time when you are not working at your job, because you are on holiday or vacation, or for some other reason. If you are on leave , you are not working at your job.
lob	If you lob something, you throw it so that it goes quite high in the air.
mused	If you muse on something, you think about it, usually saying or writing what you are thinking at the same time.
platoon	A platoon is a small group of soldiers, usually one which is commanded by a lieutenant.
private	A private is a soldier of the lowest rank in an army or the marines.
reliable	People or things that are reliable can be trusted to work well or to behave in the way that you want them to.
reserves	A military reserve is a group of soldiers who are ready to join a military operation if they are needed.
shell	A shell is a weapon consisting of a metal container filled with explosives that can be fired from a large gun over long distances.
swiftly	Something that is swift moves very quickly.
troop	A troop is a group of soldiers within a cavalry or armoured regiment.
vital	If you say that something is vital , you mean that it is necessary or very important.



TWELVE

faint	A faint sound, smell, colour, mark, feeling, or quality has very little strength or intensity.
frustrated	If something frustrates you, it upsets or angers you because you are unable to do anything about the problems it creates.
glared	If you glare at someone, you look at them with an angry expression on your face.
hob	A hob is a surface on top of a cooker or set into a work surface, which can be heated in order to cook things on it.
larder	A larder is a room or large cupboard in a house, usually near the kitchen, in which food is kept.
lintel	A lintel is a piece of stone or wood over a door or window which supports the bricks above the door or window.
raid	If you raid the fridge or the larder, you take food from it to eat instead of a meal or in between meals.
range	A range or kitchen range is an old-fashioned metal cooker.
revenge	Revenge involves hurting or punishing someone who has hurt or harmed you.
taut	Something that is taut is stretched very tight.
tethered	If you tether an animal or object to something, you attach it there with a rope or chain so that it cannot move very far.

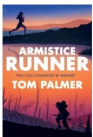


NINE

competitive	A competitive person is eager to be more successful than other people.
craggy	A craggy cliff or mountain is steep and rocky.
crockery	Crockery is the plates, cups, saucers, and dishes that you use at meals.
cutlery	Cutlery consists of the knives, forks, and spoons that you eat your food with.
estate	An estate is a large area of land in the country which is owned by a person, family, or organization.
gaze	You can talk about someone's gaze as a way of describing how they are looking at something, especially when they are looking steadily at it.
linger	When something such as an idea, feeling, or illness lingers , it continues to exist for a long time, often much longer than expected.
looming	If something looms over you, it appears as a large or unclear shape, often in a frightening way.
recoiling	If something makes you recoil , you move your body quickly away from it because it frightens, offends, or hurts you.
urge	If you have an urge to do or have something, you have a strong wish to do or have it.



range

	TEN
coursed	If a liquid courses somewhere, it flows quickly.
jolted	If something jolts someone, it gives them an unpleasant surprise or shock.
ridge	A ridge is a long, narrow piece of raised land.
scree	Scree is a mass of loose stones on the side of a mountain.
stubble	The very short hairs on someone's skin when they have not shaved recently, especially the hairs on a man's face, are referred to as stubble .
terrain	Terrain is used to refer to an area of land or a type of land when you are considering its physical features.



scree

	ELEVEN
avalanche	An avalanche is a large mass of snow that falls down the side of a mountain.
crested	When someone crests a hill, they reach the top of it.
gambling	Gambling is the act or activity of betting money, for example in card games or on horse racing.
glaciers	A glacier is an extremely large mass of ice which moves very slowly, often down a mountain valley.
grimace	If you grimace , you twist your face in an ugly way because you are annoyed, disgusted, or in pain.
hurtle	If someone or something hurtles somewhere, they move there very quickly, often in a rough or violent way.
juddering	If something judders , it shakes or vibrates violently.
limbered	If you limber up , you prepare for an energetic physical activity such as a sport by moving and stretching your body.
navigating	When someone navigates somewhere, they decide which course to follow and go there.
propel	To propel something in a particular direction means to cause it to move in that direction.
ragged	You can say that something is ragged when it is untidy or uneven.
reckless	If you say that someone is reckless , you mean that they act in a way which shows that they do not care about danger or the effect their behaviour will have on other people.
seared	If something sears a part of your body, it causes a painful burning feeling there.
shimmering	If something shimmers , it shines with a faint, unsteady light or has an unclear, unsteady appearance.
silhouette	A silhouette is the solid dark shape that you see when someone or something has a bright light or pale background behind them.
summit	The summit of a mountain is the top of it.
tradition	A tradition is a custom or belief that has existed for a long time.
victory	A victory is a success in a struggle, war, or competition.
waded	If you wade through something that makes it difficult to walk, usually water or mud, you walk through it.
wiry	Someone who is wiry is rather thin but is also strong.