



# TOUR DE LEEDS LIBRARIES

**Get on your bike - Get books**

A Literacy Pack from author Tom Palmer  
with Silver Olympic cyclist Lizzie Armitstead  
to celebrate Le Grand Départ 2014



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## Contents

	Page
Welcome and how to use this pack	3-4
Interview with Tom Palmer about cycling and libraries	5
Tom Palmer's Tour de Leeds Libraries Route	6
Tour de Leeds Libraries Wordsearch & Solution	7-8
Le Grand Départ Route	9
Le Grand Départ Reading Comprehension	10
Setting a story in Leeds - reading and writing with Tom Palmer	11-12
Writing a story is like riding a bike	13
Reading safety	14
English - French speaking aloud activity	15
Lizzie Armitstead's Reading Chat Poster	16
Tom Palmer's Reading Chat Poster	17
Our Reading Chat - a template to make your own posters	18
Bike Wheel Book Review - a template for younger readers	19
Yellow Jersey Book Review - a template for older readers	20
Library Treasure Hunt	21
Tour de Leeds Libraries Booklist	22-25

# Welcome!



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This is a pack of ideas that we hope you use for Le Grand Départ and the Tour de France to encourage your pupils to read for pleasure and use their public libraries.

During the two weeks running up to the Tour de France beginning in Leeds, I will be cycling to all Leeds' libraries to talk to children about how libraries changed my life and to read a story that I have written to celebrate what libraries can do for us.

I was born in Leeds and it was the libraries of our city that gave me the headwind I needed to make a living as an author. That's what this tour is about. Celebrating libraries. Inspiring children and families to use them to find their own headwinds.

I am delighted that Otley-born Silver Olympic cyclist Lizzie Armitstead has generously supported this pack with her Reading Chat poster. I hope we will inspire girls and boys to see themselves as readers.

This tour has been funded by Leeds Inspired and this pack by Europe Direct Leeds in partnership with the fantastic Leeds School Library Service.

*Tom Palmer*





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# How to use this pack

Here are a few suggestions of how you could use this pack...

## In the classroom

- **Read** Lizzie Armistead and Tom's Reading Chats
- **Create your own** Reading Chats working in pairs - display them in corridors where pupils are queuing up for lunch for a reading buzz!
- **Link** Tom Palmer's Tour de Leeds Libraries route to local geography work or calculate his total and average distances for maths.
- **Set** a story in Leeds - a class reading, discussion and writing activity.
- **Inspire** confidence in creative writing with Writing a story is like riding a bike.
- **Review** favourite books using the bike wheel or yellow jersey templates and create a fun display.
- **Act** out some fun conversations with the English-French speaking aloud activity.

## In the library

- **Order** books at a discount from Leeds SLS for your library using the booklist on pages 21-24.
- **Use** the Reading Safety activity to design posters for your library.

## School trip to your local library

- **Arrange** to meet author Tom Palmer when he comes to your local library.
- **Get to know** some of Tom's books and find out about Tom from his website [www.tompalmer.co.uk](http://www.tompalmer.co.uk) beforehand.
- **Read** the interview with Tom and think up your own questions to ask.

## At home

- **Complete** the wordsearch, maybe for a prize?
- **Try** the Le Grand Départ reading comprehension.



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## Interview with Tom Palmer

### **Did you go cycling when you were a child?**

I did. Mostly through Roundhay Park in Leeds. I was really lucky that I lived quite near it. My mates and I would cycle round the lakes and into the woods. Then I'd cycle the three miles from my home to Allerton Grange High School, where I was a pupil. And back home after school.

### **What is the longest you have ever cycled?**

I once cycled from Yorkshire to London. Two hundred miles. It took four days. I did it with some friends to help raise money for library books in Africa.

### **Have you ever borrowed a book about cycling from a library?**

Yes. A book about how to cycle a long way over a few days. It was useful.

### **Did libraries help you to become a writer?**

They did. I used to borrow lots of books by different authors and I learned something new from each of them. I'd never have been an author if I'd not been able to borrow all those free books from the library.

### **Did you go to libraries when you were young?**

Yes. My mum took me to Oakwood Library in north Leeds. She showed me all the sports books there. My mum encouraging me to read about sport helped me learn to love reading. And - with the help of libraries - to become a writer.

### **What did you borrow from libraries?**

First of all, sports books. But then books about foreign countries. They made me want to travel. I used to read books about France and Spain and Italy, then save up so that I could visit the countries too.

### **And when you were older, did you use the library?**

Libraries were really important when I was at university down south. Sadly my mum was really ill in my last year at university, so I needed to be in Leeds. I was able to live at home for months and get all the books I needed at Leeds Central Library, so that I passed my course. I still go to libraries now where I live. It helps me with books I need for work, but also just reading for fun.

### **Do you go to the library with your children now?**

I do. We go to Todmorden Library. My daughter is 10. She likes fiction mostly. Books like Percy Jackson, Hetty Feather and Wimpy Kid.



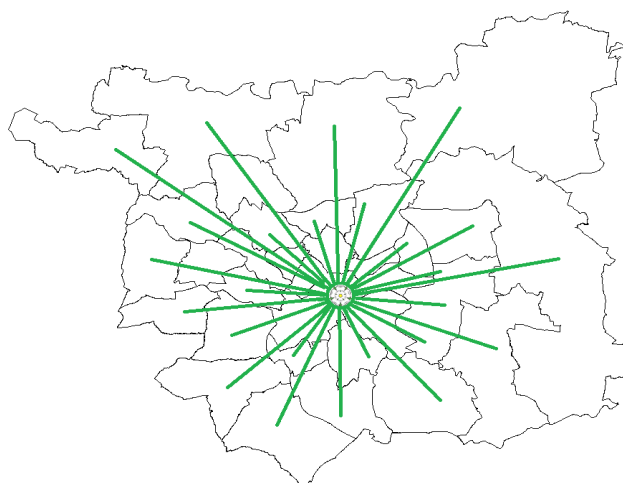


# Tour de Leeds Libraries Route

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**Tom Palmer's route each day from Leeds Railway station:**

Date	Route	Miles	Date	Route	Miles
Monday 23 <sup>rd</sup> June	Dewsbury Road Beeston Hunslet Central Library	10.7	Monday 30 <sup>th</sup> June	Farsley Bramley Armley Burley	18.2
Tuesday 24 <sup>th</sup> June	Moor Allerton Chapel Allerton Oakwood Whinmoor	19.1	Tuesday 1 <sup>st</sup> July	Horsforth Holt Park Mobile stop: Pool Primary Otley	29.6
Wednesday 25 <sup>th</sup> June	Scholes Seacroft Crossgates Halton	17.4	Wednesday 2 <sup>nd</sup> July	Gildersome Morley Middleton Ardsley and Tingley	22.3
Thursday 26 <sup>th</sup> June	Wetherby Boston Spa British Library	41.5	Thursday 3 <sup>rd</sup> July	Guiseley Yeadon Calverley Pudsey	25.6
Friday 27 <sup>th</sup> June	Compton Road Chapelton Meanwood Primary Headingley	12.7	Friday 4 <sup>th</sup> July	Garforth Kippax Rothwell Methley	31.9
<b>Total Miles</b>					<b>229</b>





# Tour de Leeds Libraries Wordsearch

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Can you find all 36 libraries in the Grid?

Tom Palmer will be visiting all these libraries in 10 days.

L	E	E	H	T	R	O	F	R	A	G	Y	E	L	S	R	A	F	R
A	I	B	E	E	S	T	O	N	S	E	A	C	R	O	F	T	D	E
R	L	Y	E	L	H	T	E	M	C	H	A	P	E	L	T	O	W	N
D	L	N	L	S	E	E	D	B	H	O	R	S	F	O	R	T	H	O
S	E	G	B	N	E	T	C	R	O	S	S	G	A	T	E	S	E	T
L	W	D	O	U	O	N	Y	A	L	O	U	R	D	B	I	K	A	R
E	H	A	S	H	R	E	G	M	E	E	M	D	E	G	B	O	D	E
Y	T	O	T	O	K	L	S	L	S	L	L	O	C	U	E	E	I	L
A	O	R	O	E	D	S	E	E	E	L	K	O	O	I	M	I	N	L
N	R	Y	N	O	D	A	E	Y	E	L	R	O	M	S	O	B	G	A
D	O	R	S	R	A	R	B	E	O	L	A	W	P	E	S	N	L	L
T	O	U	P	E	C	R	X	S	T	N	P	K	T	L	R	O	E	E
I	M	B	A	T	E	O	A	D	L	O	T	A	O	E	E	T	Y	P
N	N	S	O	H	N	H	P	U	E	T	L	O	N	Y	D	E	L	A
G	I	W	T	E	T	E	P	P	Y	L	O	D	R	S	L	L	G	H
L	H	E	E	T	R	O	I	N	E	A	H	U	O	R	I	D	B	C
E	W	D	I	K	A	E	K	G	E	H	B	O	A	O	G	D	K	S
Y	L	E	C	A	L	V	E	R	L	E	Y	E	D	D	S	I	L	I
B	R	A	R	I	N	O	T	R	E	L	L	A	R	O	O	M	E	S

Ardsley and  
Tingley  
Armley  
Beeston  
Boston Spa  
Bramley  
Burley  
Calverley  
Central  
Yeadon

Chapel Allerton  
Chapelton  
Compton Road  
Crossgates  
Dewsbury Road  
Farsley  
Garforth  
Gildersome  
Guiseley

Halton  
Headingley  
Holt Park  
Horsforth  
Hunslet  
Kippax  
Methley  
Middleton  
Moor Allerton

Morley  
Oakwood  
Otley  
Pudsey  
Rothwell  
Scholes  
Seacroft  
Wetherby  
Whinmoor



# Tour de Leeds Libraries Solution

TOUR DE LEEDS LIBRARIES  
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L	E	E	H	T	R	O	F	R	A	G	Y	E	L	S	R	A	F	R
A	I	B	E	E	S	T	O	N	S	E	A	C	R	O	F	T	D	E
R	L	Y	E	L	H	T	E	M	C	H	A	P	E	L	T	O	W	N
D	L	N	L	S	E	E	D	B	H	O	R	S	F	O	R	T	H	O
S	E	G	B	N	E	T	C	R	O	S	S	G	A	T	E	S	E	T
L	W	D	O	U	O	N	Y	A	L	O	U	R	D	B	I	K	A	R
E	H	A	S	H	R	E	G	M	E	E	M	D	E	G	B	O	D	E
Y	T	O	T	O	K	L	S	L	S	L	L	O	C	U	E	E	I	L
A	O	R	O	E	D	S	E	E	E	L	K	O	O	I	M	I	N	L
N	R	Y	N	O	D	A	E	Y	E	L	R	O	M	S	O	B	G	A
D	O	R	S	R	A	R	B	E	O	L	A	W	P	E	S	N	L	L
T	O	U	P	E	C	R	X	S	T	N	P	K	T	L	R	O	E	E
I	M	B	A	T	E	O	A	D	L	O	T	A	O	E	E	T	Y	P
N	N	S	O	H	N	H	P	U	E	T	L	O	N	Y	D	E	L	A
G	I	W	T	E	T	E	F	P	Y	L	O	D	R	S	L	L	G	H
L	H	E	E	T	R	O	I	N	E	A	H	U	O	R	I	D	B	C
E	W	D	I	K	A	E	K	G	E	H	B	O	A	O	G	D	K	S
Y	L	E	C	A	L	V	E	R	L	E	Y	E	D	D	S	I	L	I
B	R	A	R	I	N	O	T	R	E	L	L	A	R	O	O	M	E	S



# Le Grand Départ Route



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## **Day 1 Saturday 5<sup>th</sup> July 2014 Leeds-Yorkshire Dales-Harrogate 190km**

Riders begin on the Headrow, heading past the 19th century Town Hall in the heart of historic Leeds then out of the city north towards Harewood on a route taking them via Ilkley and Skipton. In the Yorkshire Dales National Park, they will continue up Wharfedale to Hawes, then over Buttertubs Pass and back down into Swaledale. From Reeth, riders continue to the cathedral city of Ripon, before finishing in the spa city of Harrogate.

## **Day 2 Sunday 6<sup>th</sup> July York-Pennines-Peak District-Sheffield 200 km**

Riders will start off in York, heading south near to Skipton, through Keighley and the Worth Valley, past Haworth (famous as the home of the Brontë sisters). From the "Wuthering Heights" of the Pennines to Cragg Vale, they face the famous climb out of Mytholmroyd with the longest steady incline of any road in England: 286m over five-and-a-half miles. The day continues south of Huddersfield to Holmfirth and up towards the Peak District. Then, with a climb to Holme Moss, at an altitude of 524 metres and one of the bleakest spots in England, they go over Woodhead pass, before a sprint to the finish at Sheffield.



# Le Grand Départ





## Reading Comprehension

In 2014, the 101st Tour de France starts in the city of Leeds. Nearly 200 riders (20-22 teams of nine) will enjoy two days of cycling through the spectacular scenery of the Yorkshire Dales before continuing to London and throughout France.

Le Tour is a 'stage race' with approximately 3,000km (1,865 miles) of competitive racing divided into daily stages. These are usually between 150km and 250km (93-155 miles) with time trials on some days.

The 21 stages of Le Tour 2014 are divided up as follows: 9 flat stages, 5 hilly stages, 6 mountain stages with 5 high-altitude finishes, and 1 individual time-trial stage.

The cyclists are competing for big prize money: a total of around 2.2 million Euros will be awarded and given out to the teams and the riders, including 450 000 Euros to the winner of the final individual general classification.

<b>The Yellow Jersey</b> is awarded to the overall time leader.	<b>The Green Jersey</b> is given to the rider with the most sprint points.	<b>The Red Polka Dot Jersey</b> is worn by "The King of the Mountains" - the rider who excelled in the climbing phase of the race.	<b>The White Jersey</b> goes to the best rider aged 25 years old or younger
			

In 2013 Chris Froome became the second consecutive British cyclist to win the Tour de France, after Bradley Wiggins accomplished the feat the year before. Will we see in 2014 another Brit make it three years in a row?

### Questions

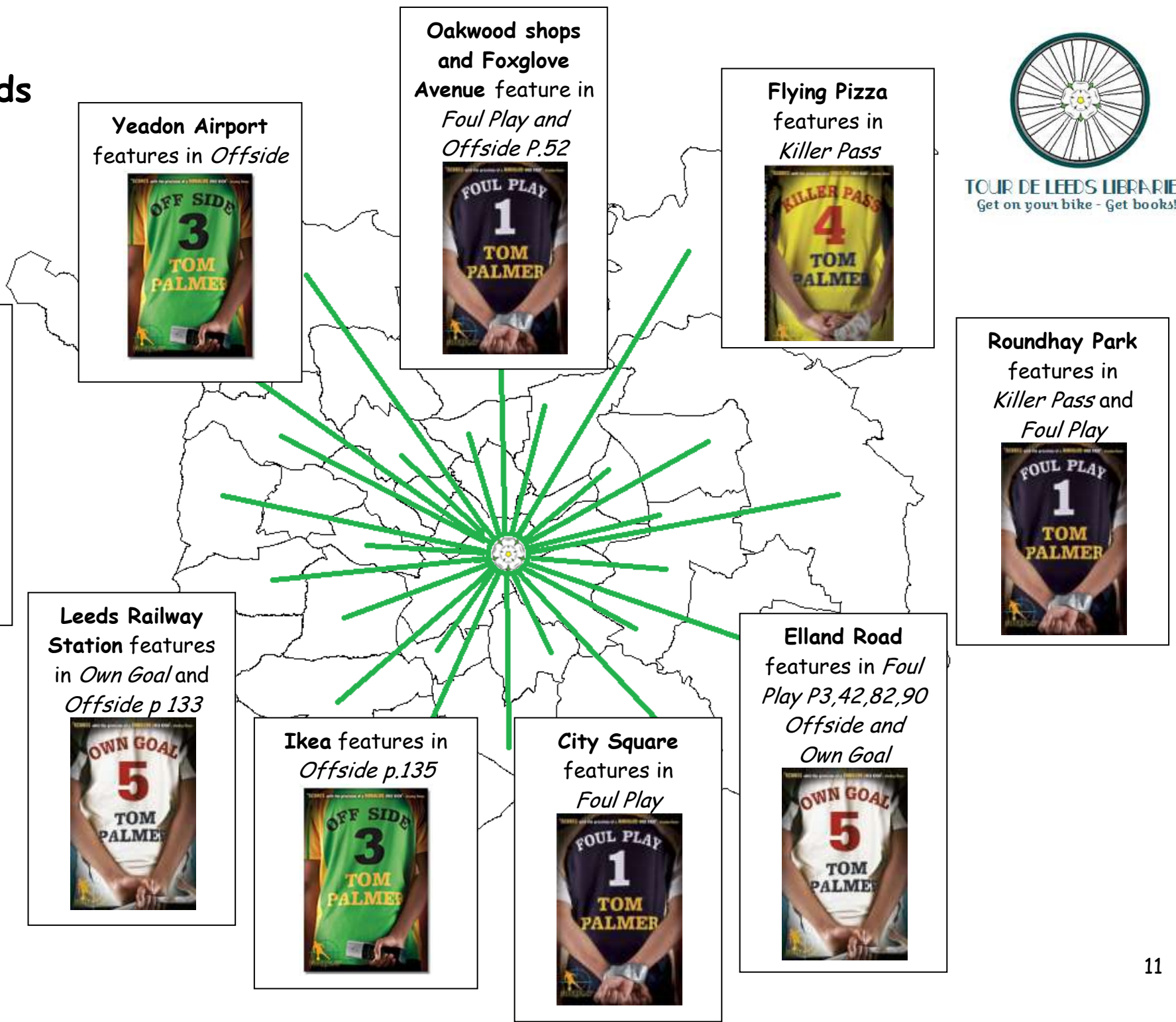
- How many Tour de France races have there been before this year's?
- Where might you win a "high altitude" race?
- Who might win a White Jersey?
- What do you think "consecutive" means?
- When did Bradley Wiggins win the Tour de France?

# Setting a Story in Leeds

## Reading with Tom Palmer



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**Yeadon Airport**  
features in *Offside*



**Oakwood shops and Foxglove Avenue** feature in *Foul Play* and *Offside P.52*



**Flying Pizza** features in *Killer Pass*



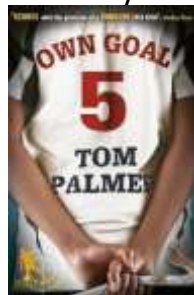
**Wellington Street** features in *Dead Ball* and *Offside P142*



**Roundhay Park** features in *Killer Pass* and *Foul Play*



**Leeds Railway Station** features in *Own Goal* and *Offside p 133*



**Ikea** features in *Offside p.135*



**City Square** features in *Foul Play*



**Elland Road** features in *Foul Play P3,42,82,90*, *Offside* and *Own Goal*



# Setting a story in Leeds -

## Reading and writing with Tom Palmer



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### Class Discussion

Look at the map of Leeds and where Tom Palmer has set his books.

Find the books in your library and identify the sections based in Leeds.

Read aloud from a variety of sections set in Leeds that the children might know.

- Did they recognise the places?
- What details help you recognise the settings?
- Does it make it more interesting if they know where a book is set?
- Has the author changed the setting to fit the story?

Now, which settings could they use to make their writing more realistic?

- Their school
- Local parks
- Their streets
- Local shops

Identify small details that would instantly make writing in these settings more believable.

### Activity

Choose together three iconic places in Leeds.

Do the places each inspire a different types of story?

- A romantic story at the station.
- A crime story in a shopping arcade.
- An adventure story starting at the airport.

Does the setting influence how the story starts, develops and ends, and how?

Now write a playscript in class or as homework using the setting they have thought about.

# Writing a story is like riding a bike

Once you learn how, you never forget



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## Safety First

Plan your story outline and you won't make any deadly mistakes.



## Seat

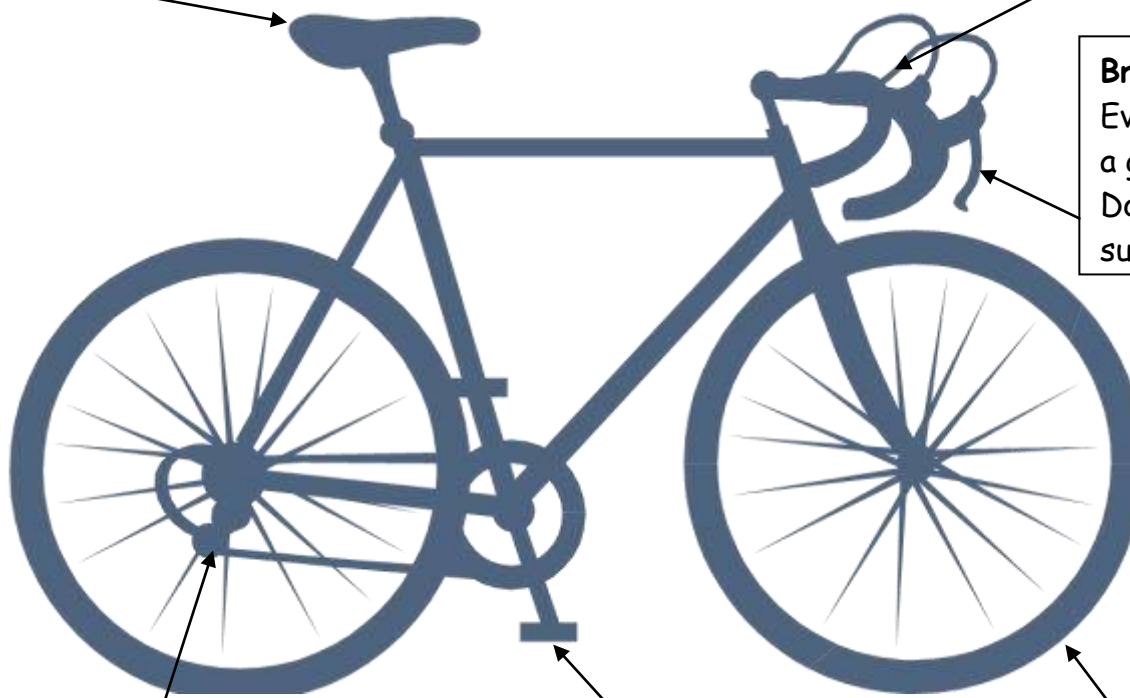
Before you start think about whose point of view the story is from.

## Handlebars

Steer your reader through the story - try to show them why characters are behaving how they are so they can understand their motives.

## Brakes

Every story needs a good ending . Don't make it too sudden!



## Gears

Sometimes you need to change the pace of the story. Make sentences shorter if the action is breathless.

## Pedal Power

You need an exciting start to a story to make people want to carry on reading

## Wheels

Think of a good plot with twists and turns to drive your story forward. Don't forget to plan what direction is your story going in leading up to where it is going to end.

Now get on your bike and write ...



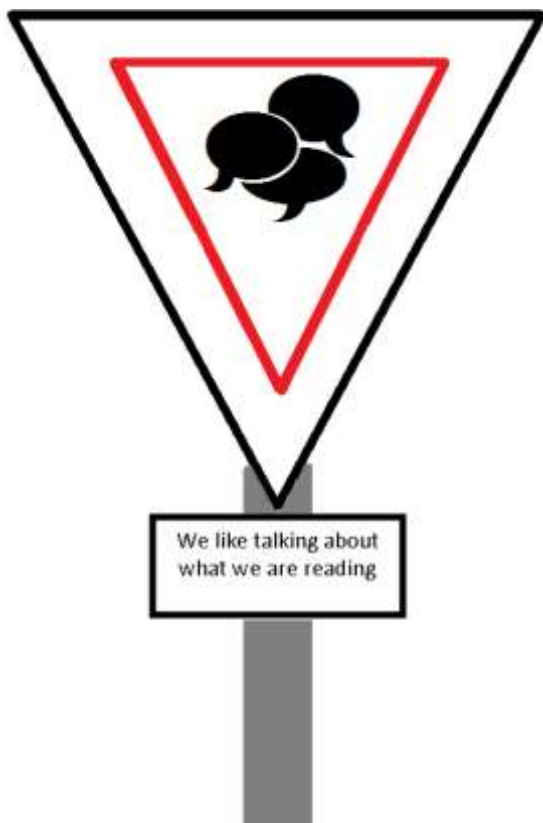
# Reading Safety

Daniel Pennac's "The Rights of the Reader" has sold over a million copies in France. This celebrated French writer used his experiences of teaching in "challenging" schools to empower readers with his 10 rights:

1. The right not to read
2. The right to skip
3. The right not to finish a book
4. The right to re-read
5. The right to read anything
6. The right to mistake a book for real life
7. The right to read anywhere
8. The right to dip in
9. The right to read out loud
10. The right to be silent

**Class Discussion** about the 10 Rights of the Reader.

- What do they all mean?
- Do you agree with them?
- What other fun reading rights can you come up with?
- Is this a good time to bring in internet safety?



## Activity

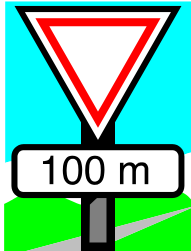
Now make your own Reading Rights into Traffic signs using the principles of the Highway code to decorate your library.

## Remember

- Warning signs are triangular
- Information signs are rectangular
- Motorway signs are blue rectangles
- Signs with red circles are orders



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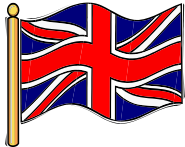
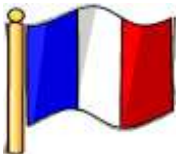
# English-French Speaking Aloud Activity



If you come across a visiting cyclist we hope this handy guide will help you understand and assist them!

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Why not dress up as cyclists or pedestrians and act out some funny conversations to encourage confidence in speaking aloud?

<b>British</b> 	<b>French</b> 
Hello	<i>Bonjour!</i>
Can I help you?	<i>Puis-je vous aider ?</i>
I'm lost	<i>Je suis perdu</i>
Go straight on	<i>Aller tout droit</i>
Turn left	<i>Tourner à gauche</i>
Turn right	<i>Tourner à droite</i>
I'm thirsty	<i>J'ai soif</i>
Would you like ... a cup of tea? a bottle of water?	<i>Voulez-vous ...</i> <i>une tasse de thé ?</i> <i>une bouteille d'eau ?</i>
I have a puncture	<i>J'ai une crevaison</i>
Do you need a bicycle repair kit?	<i>Avez-vous besoin d'un kit de réparation de vélos</i>
Where is the nearest toilet?	<i>Où sont les toilettes ?</i>
Over there	<i>Là-bas</i>
I've hurt my ... arm leg head	<i>J'ai blessé ...</i> <i>mon bras</i> <i>ma jambe</i> <i>ma tête</i>
I'll call a doctor	<i>Je vais téléphoner un médecin</i>

# Lizzie Armitstead Reading Chat



**Name:** Lizzie

**Where I live:** Otley, Yorkshire & Monaco, South of France

**My favourite sport to watch:** cycling of course!

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**My favourite hobbies** don't really have time for many but I do enjoy cooking

**I like to read about** historical reality dramas like "The Book Thief!" and "The Reader"

**My favourite children's book** I enjoyed Jacqueline Wilson and Roald Dahl. I can't remember "The Hungry Caterpillar" but I am sure it was around even then!

**What other three books would you recommend?**

Into Thin Air by John Krakauer - a cycling adventure; Dark Star Safari by Paul Theroux - travels in Africa; Suite Française by Irène Némirovsky - WW2 novel

**My favourite magazine?**

Cycling Weekly. My Dad gets National Geographic which can be interesting.

**My favourite website?**

Cycling News for up to date results

**My favourite newspaper?**

I get all my news off the internet. I should buy a French newspaper to improve my language skills but I'm a bit too lazy.

**My favourite place to read?**

Around a swimming pool in the sun.



# Tom Palmer Reading Chat



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**Name:** Tom

**Where I live:** Yorkshire

**My favourite sport to watch:** football and rugby

**My favourite hobbies** fell running and cycling

**I like to read about** sport, foreign countries and families

**My favourite children's book** Keeper by Mal Peet

**What other three books would you recommend?**

Going Solo by Roald Dahl,

Stormbreaker by Anthony

Horowitz and

Wuthering Heights by Emily

Bronte

**My favourite magazine?**

Trail Runner

**My favourite website?**

BBC

**My favourite newspaper?**

First News

**My favourite place to read?**

In bed





# Our Reading Chat



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**Name:**

**Where I live:**

**My favourite sport**

**My favourite hobbies**

**I like to read about**

**My favourite children's book**

**What other three books would you recommend?**

**My favourite magazine?**

**My favourite website?**

**My favourite newspaper?**

**My favourite place to read?**

**Insert your  
picture here**

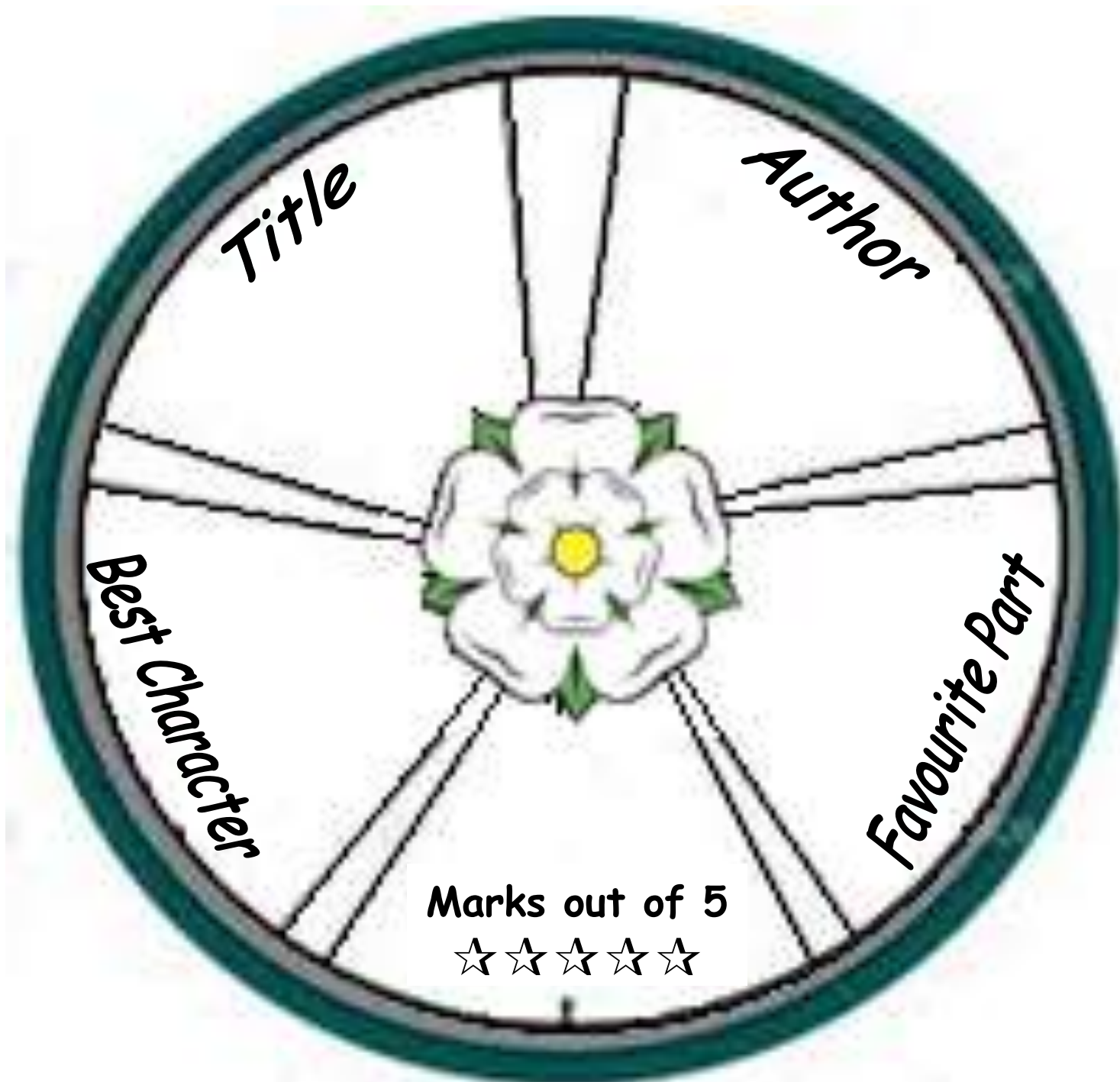


# Bike Wheel Book Review-younger children



Add your text then ✂cut out and stick a pair of reviews to a drawn bicycle frame to create a cycling display.

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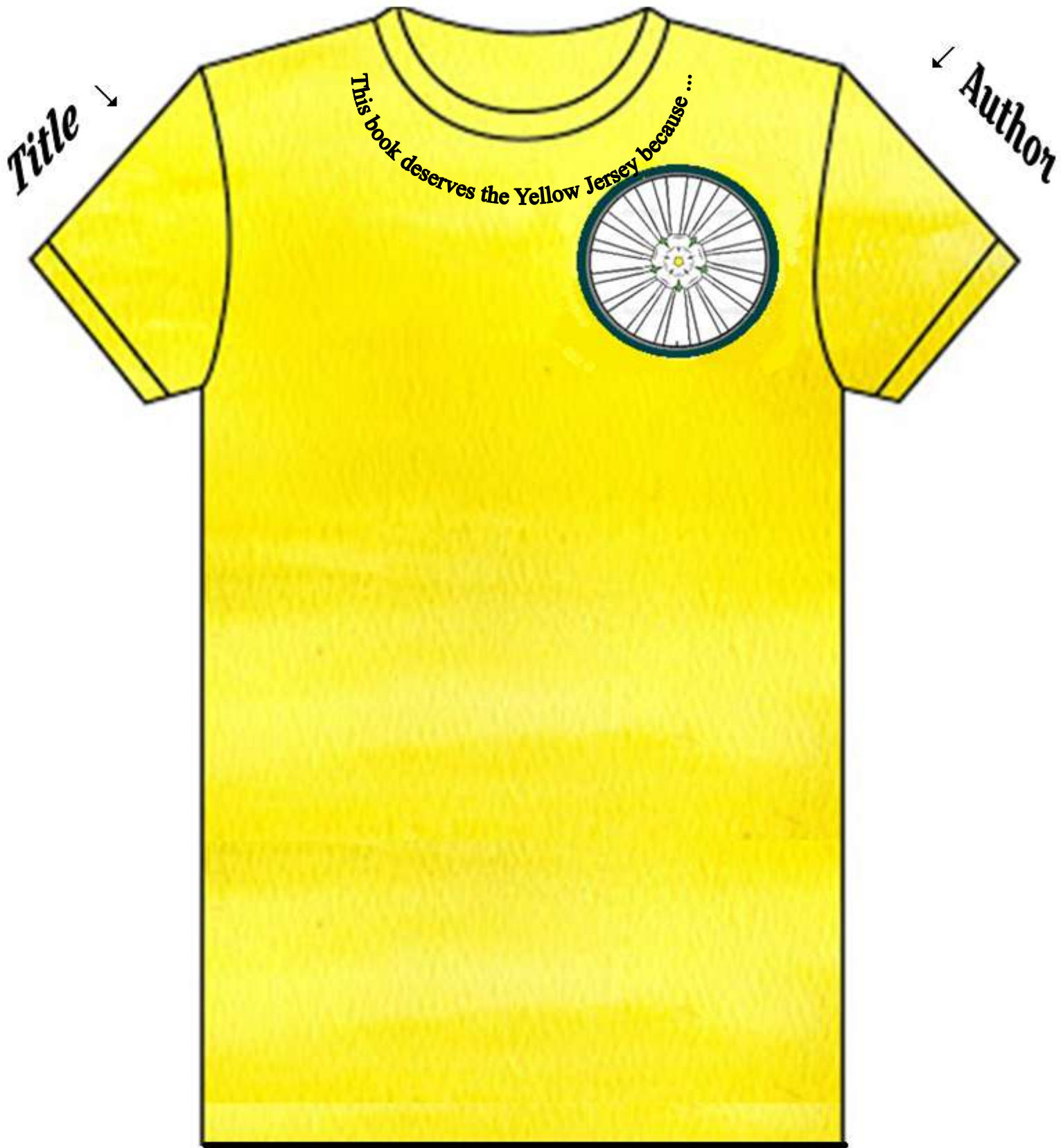


# Yellow Jersey Book Review-older children

Add your text then ✂ cut out and peg onto a washing line display!



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# Library Treasure Hunt



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Give every child a sheet of paper with six clues to lead them to the following library sections: Newspapers, Biography, Children's sport, Internet, History & Children's fiction

**Example clues** (you may need to modify these to suit your library stock/setup) are:

1. Where will you be able to read news about last night's or last week's football games?
2. Where are the books about famous sports people?
3. Where are books on how to improve your sport skills?
4. Where can you find out sports news today that hasn't even been printed in a newspaper yet?
5. Where can you read about sports from a long time ago?
6. Where can you find fictional stories about sport?

Pin up one of six large letters of the alphabet next to each of the above sections. The six letters should form an anagram of a word to do with Le Grand Départ - like JERSEY or FROOME.

Tell the children to solve the anagram.

Give a prize to the winner - like a yellow t-shirt.

It can work more safely if you say that everyone who gets the right answer within 15 minutes will be entered into a draw to win the prize.



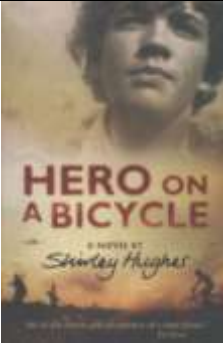


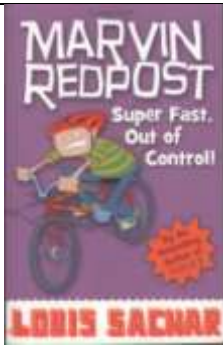

# Tour de Leeds Libraries Booklist 2014

## Children's books on cycling



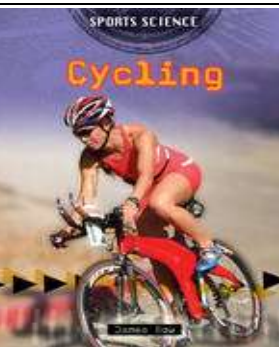
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	<p><b>Arthur and the mystery of the stolen bike</b> Brown, Marc 9780316133630 Little, Brown Young Readers £4.99</p>	<p>This title tells how Francine acquires a bicycle once owned by her father. She's embarrassed by the bike, but when she reports that it's stolen, her friends rally to find the thief. Will Arthur and his friends discover the true fate of Francine's bike?</p>
	<p><b><u>Julian's glorious summer</u></b> Cameron, Ann   Smith, Jamie 9781848531130 Tamarind £4.99</p>	<p>Little fibs can lead to big trouble! Julian hates bicycles. He thinks they are boring and stupid, and maybe just a little bit scary. But his best friend, Gloria, has just got a new bike, and all she wants is to go cycling with him. Julian needs to think of an excuse, and fast. Surely anything is better than braving a bicycle.</p>
	<p><b><u>Christopher's bicycle: a tale of cycling and recycling!</u></b> Middleton, Charlotte 9780192758361 Oxford University Press £6.99</p>	<p>Christopher Nibble loves his recycled bicycle! Mr Nibble has repaired and repainted it all so beautifully and Mrs Nibble has turned one of her old dresses into some very useful saddlebags. It really looks a treat. Now Christopher is the greenest guinea pig in Dandeville.</p>
	<p><b><u>Everyone can learn to ride a bicycle</u></b> Raschka, Christopher 9780375870071 Random House Children's £12.99</p>	<p>Learning to ride a bike is one of the most important milestones of childhood, and this book captures the emotional ups and downs of the experience!</p>

	<p><b><u>Hero on a bicycle: a novel</u></b>  Hughes, Shirley  978140633611  Walker  £6.99</p>	<p>It is 1944 and Florence is occupied by Nazi German forces. The Italian resistance movement has not given up hope, though - and neither have Paolo and his sister, Constanza. Both are desperate to fight the occupation, but what can two siblings do against a whole army with only a bicycle to help them</p>
	<p><b><u>Wheels of fire</u></b>  Rigby, Robert  978184732813  Carlton  £5.99  Age 9-11</p>	<p>Rory Temu is unstoppable on his battered BMX. Weaving and dodging through the Edinburgh streets, there's no obstacle he won't tackle. Such brilliance on a bike could take Rory far - maybe even to Olympic heights, so his teacher believes. But a gang on the streets has been watching too - and the members have their own plans for Rory</p>
	<p><b><u>Bill's bike</u></b>  Blackford, Andy  Illustrator Wood, Hannah  9780749693985  Franklin Watts  £3.99</p>	<p>Bill gets a new bike for his birthday. He loves to ride it around, but soon finds out how many wheels he needs!</p>
	<p><b><u>Super fast, out of control!</u></b>  Sachar, Louis    Hellard, Susan  9781408801697  Bloomsbury  £4.99</p>	<p>Suicide Hill is the ultimate test of bravery, and rumour has it that Marvin is going to tackle it on his new mountain bike. Will he have to go through with it in order to prove himself to his classmates? If he succeeds, he will be a hero; if not, then everyone will witness the greatest wipeout ever!</p>
	<p><b><u>Amazing bike tricks</u></b>  Labrecque, Ellen  9781406251067  Raintree  £7.99</p>	<p>Learn the bunny hop, the pogo stick and other bike tricks that will impress your friends! Step-by-step photos, along with clear instructions, break down even the most complicated tricks so anyone can learn them. Age 7-9 years</p>



	<p><b><u>Bradley Wiggins:my story</u></b> Wiggins, Bradley   Fotheringham, William 9781849419345 Red Fox £6.99</p>	<p>On 22 July 2012 Bradley Wiggins became the first British cyclist ever to win the Tour de France. In an instant, Wiggo became a national hero. 10 days later, having swapped his yellow jersey for the colours of Team GB, he won Olympic gold in the time trial, adding to his previous six medals to become the nations most decorated Olympian of all time. For every child inspired by Bradley Wiggins to leap on his or her bike and ride like the wind across the park, down the street or off to school, here is the story of how their hero made the journey from his first bike to Tour champion and Olympic Gold.</p>
	<p><b><u>Let's ride a bike</u></b> Illustrator Walton, Ruth 9780749688578 Franklin Watts £11.99</p>	<p>This book takes you around the world to find out how bicycles are made and used. Discover when bicycles were invented, why its hard to cycle uphill and much more!</p>
	<p><b><u>Tour de France</u></b> Callery, Sean 9780007428397 Collins Educational £5.99</p>	<p>The Tour de France is the most famous cycling race in the world. Find out how it began, what stages are involved and what prizes can be won in this informative book by Sean Callery, filled with fascinating stories and including personal input from Tour de France cyclist Geraint Thomas MBE.</p>
	<p><b><u>Bradley Wiggins:champion cyclist</u></b> Gifford, Clive 9780750283366 Wayland £8.99</p>	<p>This book looks at the background, life and achievements of Bradley Wiggins. It examines his impact as a champion cyclist, with his triumphs in the Tour de France and the London 2012 Olympics, as well as detailing the everyday facets of his job and how he gained such success</p>

	<p><b><u>Cycling</u></b>  <b>Mason, Paul</b>  9781445101408  <b>Franklin Watts</b>  £8.99</p>	<p>A comprehensive guide containing everything you need to know to participate in and enjoy your favourite sport.</p>
	<p><b><u>Cycling</u></b>  Gifford, Clive  9781445103815  Wayland  £12.99</p>	<p>An informative and accessible introduction to learn all about the most popular sports that take place at the summer Olympics, held in a different country every four years.</p>
	<p><b><u>Cycling</u></b>  Bow, James  9781445123523  Wayland  £ 8.99</p>	<p>Introduces the science behind popular sports</p>
	<p><b><u>My First Bicycle Book: a fun guide to bicycles and cycling activities for children aged 7 years +</u></b>  Akass, Susan  9781782490371  Cico Kidz  £9.99</p>	<p>Find out all you need to know about getting started with cycling. Choose which kind of bicycle is right for you and the equipment and clothes you'll need to be comfortable and stay safe. Learn about looking after your bicycle - step by- step instructions will guide you through pumping up tyres, lubricating and replacing the chain, washing your bicycle and more. Try some of the great science activities that will help you to understand your bike? Bottle tops and elastic bands will show you how gears work, while a sponge around a rolling pin can explain suspension. Decorate your bicycle - use the sheet of stickers that come with this book or make your own handlebar streamers and wheel rattles. Discover games to play with your friends, too - create your own Tour de France and have fun relay races!</p>

## Notes