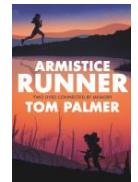


# Armistice Runner by Tom Palmer



## LITERACY & SPORTS RESOURCE : SPAG WORKSHEET

*Text from chapter 1*

### FIND AND UNDERLINE IN THE TEXT BELOW

Lily accelerated, keeping her eyes on the three girls ahead of her. She was ten metres behind them and within striking distance as they climbed the muddy, water-logged path.

Time to attack.

She pushed past the first of the three leaders, a thin girl in a white vest. Now Lily was in third place. Ahead of her were Gemma and Keeley. Older than Lily. Slower than Lily on the uphills. Chest hurting, legs hurting, everything hurting, Lily pushed herself hard.

She could hear her own lungs forcing air in and out as she passed Gemma and Keeley. And, now she had taken the lead, she knew she had her breathing right.

The ground was firmer further up the hill. Not boggy like at the start of the path. But Lily placed her feet carefully, avoiding exposed roots and rocks that could mean a slip or a twist.

Attack.

Lily knew she had to keep at it, because now she could sense who was behind her. She couldn't see her, couldn't hear her, but she knew she was there all the same.

### CAN YOU SPOT THE ... ?

VERBS

PERSONAL PRONOUNS

COMMA

HYPHENATED COMPOUND WORD

ABSTRACT NOUN

PREPOSITION PHRASE

ADJECTIVES

ADVERBIAL PHRASE

PLURAL NOUN

REFLEXIVE PRONOUN

FULL STOP

PAST TENSE OF CAN

INFORMAL SENTENCE STARTER

PAST PERFECT TENSE

ANTONYM OF WRONG

COMPARATIVE ADJECTIVE

DETERMINER (SPECIFIC ARTICLE)

ADVERB

CO-ORDINATING CONJUNCTION

COMMAND

SUBORDINATING CONJUNCTION

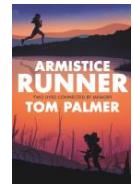
RELATIVE PRONOUN

CO-ORDINATING CONJUNCTION

IDIOM



# Armistice Runner by Tom Palmer



## LITERACY & SPORTS RESOURCE : SPAG WORKSHEET

*Text from chapter 1 continued*

### FIND AND UNDERLINE IN THE TEXT BELOW

Abbie Granger. Arms pumping like an unhinged windmill, running on Lily's shoulder, waiting for her moment to overtake.

After pushing so hard up the hill, Lily was struggling to breathe evenly now. Beyond her comfort zone. She heard a voice in her head as she stared across the high open moor to the other side of the valley.

It's only a training run, the voice said. Save your best for the big race.

It was true, Lily thought. This, after all, was only a training run. The last training run before the first big fell race of the season. One that Lily would be racing. And one that Abbie would race too. In the Lake District village where Lily's gran and granddad lived. That was the important run, not this one.

Lily felt a crosswind ripple over the surface of the moor. The ground beneath her feet changed again to soft wet wild grass, damp working its way into her fell shoes.

### CAN YOU SPOT THE ... ?

SIMILE

CO-ORDINATING CONJUNCTION

INFINITIVE VERB

CO-ORDINATING CONJUNCTION

PAST PROGRESSIVE VERB

JARGON

PREPOSITIONS

COMMON NOUN

OMISSION APOSTROPHE

SUPERLATIVE

INDIRECT SPEECH

DETERMINER (GENERAL ARTICLE)

RELATIVE PRONOUN

HOMOPHONE OF TO & TWO

POSSESSIVE APOSTROPHE

SIMPLE PAST VERBS

COMPOUND WORD

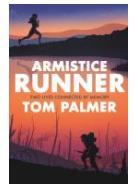
SYNONYM OF SOIL

SUBORDINATE CLAUSE

POSSESSIVE PRONOUN



# *Armistice Runner* by Tom Palmer



## LITERACY & SPORTS RESOURCE : TEACHER'S NOTES

It is suggested that the accompanying powerpoint is read through in class first.

### Warm up questions

Does anyone take part in running / athletics for the school or outside of school?

What sort of running competitions can you do (track, sprinting, cross country, fell running)

What are fells? (big hills)

Where is the Lake District? (find it on a map)

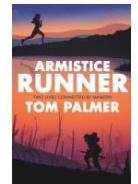
Has anyone read anything by Tom Palmer before?

What genre is this? (fiction-sport)

What narrative is this and how do we know? (third person, She ...)



# Armistice Runner by Tom Palmer



LITERACY & RUNNING RESOURCE : SPAG TEACHER'S VERSION WITH ANSWERS UNDERLINED

*Text from chapter 1*

Lily accelerated, keeping her eyes on the three girls ahead of her. She was ten metres behind them and within striking distance as they climbed the muddy, water-logged path.

VERBS

Time to attack.

PERSONAL PRONOUNS

She pushed past the first of the three leaders, a thin girl in a white vest. Now Lily was in third place. Ahead of her were Gemma and Keeley. Older than Lily. Slower than Lily on the uphills. Chest hurting, legs hurting, everything hurting, Lily pushed herself hard.

COMMA

HYPHENATED COMPOUND WORD

She could hear her own lungs forcing air in and out as she passed Gemma and Keeley. And, now she had taken the lead, she knew she had her breathing right.

ABSTRACT NOUN

PREPOSITION PHRASE

The ground was firmer further up the hill. Not boggy like at the start of the path. But Lily placed her feet carefully, avoiding exposed roots and rocks that could mean a slip or a twist.

ADJECTIVES

ADVERBIAL PHRASE

Attack.

PLURAL NOUN

REFLEXIVE PRONOUN

Lily knew she had to keep at it, because now she could sense who was behind her. She couldn't see her, couldn't hear her, but she knew she was there all the same.

FULL STOP

PAST TENSE OF CAN

INFORMAL SENTENCE STARTER

PAST PERFECT TENSE

ANTONYM OF WRONG

COMPARATIVE ADJECTIVE

DETERMINER (SPECIFIC ARTICLE)

ADVERB

CO-ORDINATING CONJUNCTION

COMMAND

SUBORDINATING CONJUNCTION

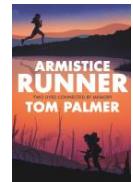
RELATIVE PRONOUN

CO-ORDINATING CONJUNCTION

IDIOM



# Armistice Runner by Tom Palmer



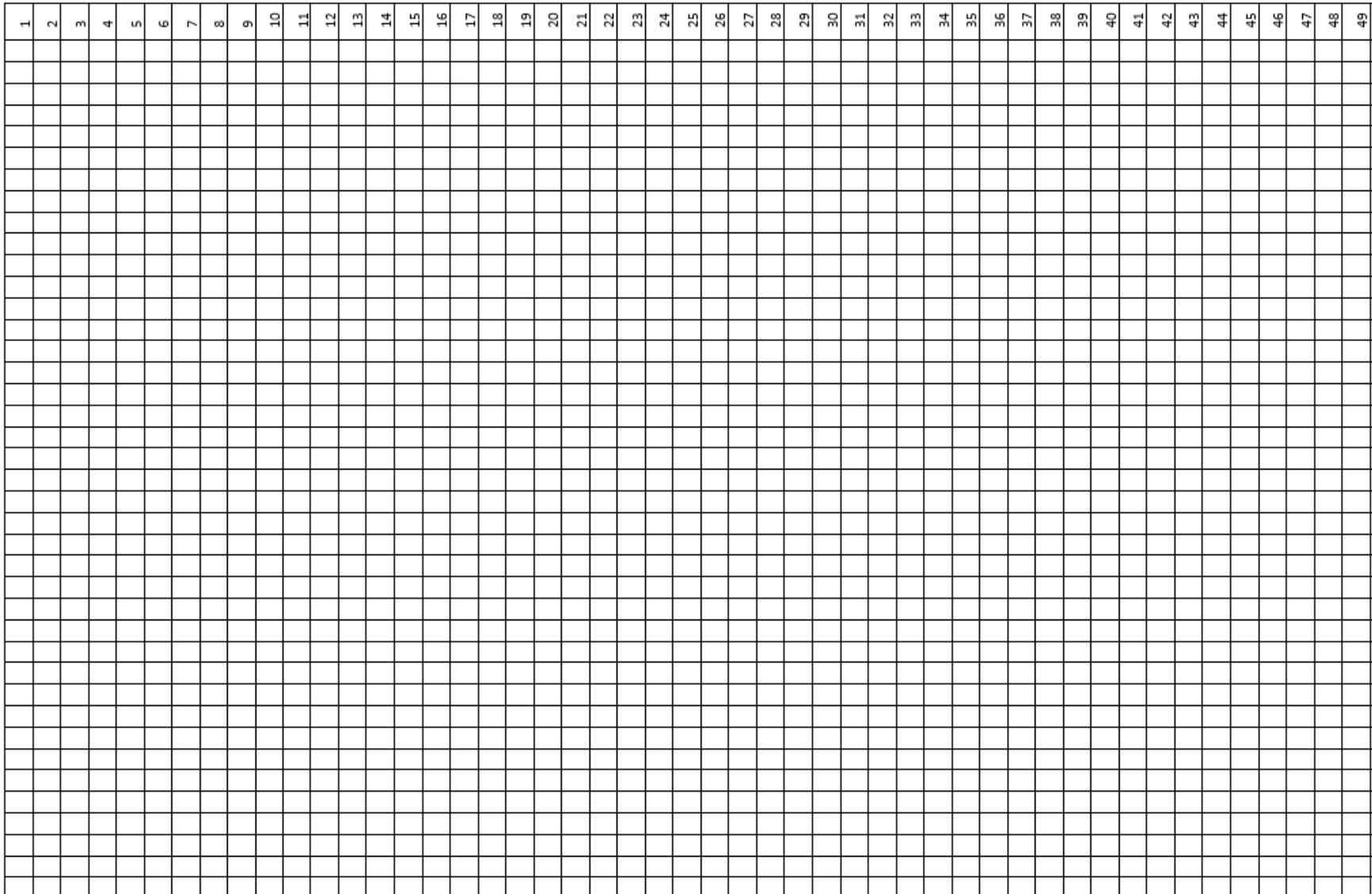
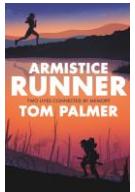
LITERACY & RUNNING RESOURCE : SPAG TEACHER'S VERSION WITH ANSWERS UNDERLINED

*Text from chapter 1*

Abbie Granger. Arms pumping <u>like an unhinged windmill</u> ,	SIMILE
running on Lily's shoulder, waiting <u>for</u> her	CO-ORDINATING CONJUNCTION
moment <u>to overtake</u> .	INFINITIVE VERB
After pushing <u>so</u> hard up the hill, Lily was	CO-ORDINATING CONJUNCTION
<u>struggling</u> to breathe evenly now. Beyond her	PAST PROGRESSIVE VERB
<u>comfort zone</u> . She heard a voice in her head as she	JARGON
stared <u>across</u> the high open moor <u>to</u> the other side	PREPOSITIONS
of the <u>valley</u> .	COMMON NOUN
It's only a training run, the voice said. Save	OMISSION APOSTROPHE
your <u>best</u> for the big race.	SUPERLATIVE
<u>It was true</u> , Lily thought. This, after all, was	INDIRECT SPEECH
only <u>a</u> training run. The last training run before the	DETERMINER (GENERAL ARTICLE)
first big fell race of the season. <u>One</u> that Lily would	RELATIVE PRONOUN
be racing. And one that Abbie would race <u>too</u> . In the	HOMOPHONE OF TO & TWO
Lake District village where <u>Lily's</u> gran and granddad	POSSESSIVE APOSTROPHE
<u>lived</u> . That <u>was</u> the important run, not this one.	SIMPLE PAST VERBS
Lily felt a <u>crosswind</u> ripple over the surface	COMPOUND WORD
of the moor. The <u>ground</u> beneath her feet changed	SYNONYM OF SOIL
again to soft wet wild grass, <u>damp working its way</u>	SUBORDINATE CLAUSE
into <u>her</u> fell shoes.	POSSESSIVE PRONOUN



# Armistice Runner by Tom Palmer



LITERACY & RUNNING  
RESOURCE : YOUR  
UNIQUE RUNNING HILL  
PROFILE

Plot your scores from left to right, going up a square for correct and down a square for incorrect.

Estimate where you need to start.

Remember, it is only by making mistakes that we learn and running down fells is the fun part!

And just like running, next time you do it you'll be better.

