LITERACY & SPORTS RESOURCE : SPAG WORKSHEET

Text from chapter 1

FIND AND UNDERLINE IN THE TEXT BELOW

Lily accelerated, keeping her eyes on the three girls ahead of her. She was ten metres behind them and within striking distance as they climbed the muddy, water-logged path. 
Time to attack.
She pushed past the first of the three leaders, a thin girl in a white vest. Now Lily was in third place. Ahead of her were Gemma and Keeley. Older than Lily. Slower than Lily on the uphills. Chest hurting, legs hurting, everything hurting, Lily pushed herself hard. 
She could hear her own lungs forcing air in and out as she passed Gemma and Keeley. And, now she had taken the lead, she knew she had her breathing right. 
The ground was firmer further up the hill. Not boggy like at the start of the path. But Lily placed her feet carefully, avoiding exposed roots and rocks that could mean a slip or a twist. 
Attack. 
Lily knew she had to keep at it, because now she could sense who was behind her. She couldn’t see her, couldn’t hear her, but she knew she was there all the same.

CAN YOU SPOT THE … ?

VERBS
PERSONAL PRONOUNS
COMMA
HYPHENATED COMPOUND WORD
ABSTRACT NOUN
PREPOSITION PHRASE
ADJECTIVES
ADVERBIAL PHRASE
PLURAL NOUN
REFLEXIVE PRONOUN
FULL STOP
PAST TENSE OF CAN
INFORMAL SENTENCE STARTER
PAST PERFECT TENSE
ANTONYM OF WRONG
COMPARATIVE ADJECTIVE
DETERMINER (SPECIFIC ARTICLE)
ADVERB
CO-ORDINATING CONJUNCTION
COMMAND
SUBORDINATING CONJUNCTION
RELATIVE PRONOUN
CO-ORDINATING CONJUNCTION
IDIOM
Armistice Runner by Tom Palmer

LITERACY & SPORTS RESOURCE : SPAG WORKSHEET

*Text from chapter 1 continued*

**FIND AND UNDERLINE IN THE TEXT BELOW**

Abbie Granger. Arms pumping like an unhinged windmill, running on Lily’s shoulder, waiting for her moment to overtake.

After pushing so hard up the hill, Lily was struggling to breathe evenly now. Beyond her comfort zone. She heard a voice in her head as she stared across the high open moor to the other side of the valley.

It’s only a training run, the voice said. Save your best for the big race.

It was true, Lily thought. This, after all, was only a training run. The last training run before the first big fell race of the season. One that Lily would be racing. And one that Abbie would race too. In the Lake District village where Lily’s gran and granddad lived. That was the important run, not this one.

Lily felt a crosswind ripple over the surface of the moor. The ground beneath her feet changed again to soft wet wild grass, damp working its way into her fell shoes.

**CAN YOU SPOT THE … ?**

- SIMILE
- CO-ORDINATING CONJUNCTION
- INFINITIVE VERB
- CO-ORDINATING CONJUNCTION
- PAST PROGRESSIVE VERB
- JARGON
- PREPOSITIONS
- COMMON NOUN
- OMISSION APOSTROPHE
- SUPERLATIVE
- INDIRECT SPEECH
- DETERMINER (GENERAL ARTICLE)
- RELATIVE PRONOUN
- HOMOPHONE OF TO & TWO
- POSSESSIVE APOSTROPHE
- SIMPLE PAST VERBS
- COMPOUND WORD
- SYNONYM OF SOIL
- SUBORDINATE CLAUSE
- POSSESSIVE PRONOUN
LITERACY & SPORTS RESOURCE : TEACHER’S NOTES

It is suggested that the accompanying powerpoint is read through in class first.

Warm up questions

Does anyone take part in running / athletics for the school or outside of school?
What sort of running competitions can you do (track, sprinting, cross country, fell running)
What are fells? (big hills)
Where is the Lake District? (find it on a map)
Has anyone read anything by Tom Palmer before?
What genre is this? (fiction-sport)
What narrative is this and how do we know? (third person, She ...
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LITERACY & RUNNING RESOURCE: YOUR UNIQUE RUNNING HILL PROFILE

Plot your scores from left to right, going up a square for correct and down a square for incorrect.

Estimate where you need to start.

Remember, it is only by making mistakes that we learn and running down fells is the fun part!

And just like running, next time you do it you'll be better.